



MY GROCERY LIST



Non-perishable items

- Sachet microwavable rice
- Fusilli pasta
- Can chili beans
- Can corn kernels
- Can diced tomato
- Can chickpeas
- Can peas, corn, carrot mix
- Jar black olives
- Jar char-grilled capsicum
- Jar artichoke hearts
- Dried basil
- Dried oregano
- Dried coriander
- Olive oil
- Red wine vinegar
- Soy sauce
- Sesame oil
- Sweet soy sauce (kecap manis)
- Salt
- Pepper
-
-
-
-

Fresh items

- Tomato
- Avocado
- Coriander leaves
- Cos lettuce or rocket
- Red onion
- Basil leaves
- Spring onion
- Egg
-
-
-
-
-
-
-
-
-
-

