

Knox School Focussed Youth Services Resource Library

Anxiety/Worries:				
Title	Author	Synopsis	Themes/Issues	Ref #
100th Day Worries	Margery Cuyler	When Jessica's teacher tells everyone in class to find 100 things to bring to school, Jessica starts to worry. She wants to bring something really good...but what?	Stress, Anxiety	A8
Actually, I Can	Nicky Johnston	Connor wishes he was as confident and adventurous as his best friend Amelia. The two go on an adventure and Connor discovers that he can laugh more and worry less.	Anxiety, Worrying Thoughts	F5
David And The Worry Beast	Anne Marie Guanci	David learns techniques to control the "Worry Beast" within him.	Anxiety, Worry, Self-Talk, Stress	A35
Don't Worry Bear	Greg Foley	When Caterpillar tells Bear that he is making a cocoon, Bear is worried. Will Caterpillar be safe? Will he be warm? Will he stay dry?	Worry, Friendship, Helping Others	F19
Giddy Goat	Jamie Rix & Lynne Chapman	The youngest of a family of mountain goats, Giddy has no head for heights. But when he finds a lost lamb called Edmund on a narrow ledge, he has to face and overcome his fears.	Anxiety, Facing Fears, Making Friends	F9
Go Away, Mr Worrythoughts	Nicky Johnston	Bayden is an intelligent, confident and courageous boy. Yet his worry thoughts can be quite unbearable. See how Bayden discovers his superpowers, takes control and is able to live free and happy!	Anxiety, Worrying Thoughts	F14

Happy Thoughts Are Everywhere	Nicky Johnston	Join Bayden’s journey as he goes in search of his happy thoughts – you’ll never guess where he finds them!	Emotions, Happy Thoughts, Anxiety	G5
Howard B. Wigglebottom Learns About Courage	Howard Binkow, Reverend Ana & Jeremy Norton	This book explains to 4-8 year olds in a simple playful way how to work with fear issues.	Worry, Anxiety, Resilience	F21
Is A Worry Worrying You?	Ferida Wolff And Harriet May Savitz	Looks at common and not so common childhood worries and shows creative problem-solving and teaches having realistic perspective.	Stress, Anxiety, Problem-Solving	A25
Living With IT	Bev Aisbett	A teen's guide to surviving panic attacks.	Anxiety	A4
Mind Over Basketball	Jane Weierback & Elizabeth Phillips-Hershey	Tips and story on coaching yourself to handle stress	Anxiety, Family Separation, Stress	A22
Morris And The Bundle Of Worries	Jill Seeney	Morris the Mole finds out that talking about his problems and facing his worries, with the help of others, is much more helpful than hiding his fears.	Anxiety, Worry	D17
Mr Jitters	Kerry Moss	A story for preschool and early primary school aged children. This book engages parents to work with their child in their anxious moments to overpower their “Mr Jitters”.	Anxiety	D28/ D29
Please Explain Anxiety To Me	Laurie Zelinger & Jordan Zelinger, Elisa Sabella	Provides physiological information about anxiety in child friendly language. A colourful dinosaur story explains the link between brain and body functioning, followed by practical therapeutic techniques that children can use to help themselves.	Anxiety, Worrying Thoughts	F30

Scaredy Squirrel	Melanie Watt	I NEVER leave my nut tree. It's way too dangerous out there. I could encounter germs, poison ivy or sharks. If danger comes along, I'm prepared. I have antibacterial soap, Band-Aids and a parachute. Things really get shaken when I'm forced out of my tree by a vicious intruder! Will I survive this ordeal?	Fear And Worry: Dealing With Different Situations	F31
Silly Billy	Anthony Browne	Billy worries so much he can't sleep. His Grandma helps him overcome his fears.	Anxiety, Family Support	A11
Sometimes I'm Scared	Jane Annunziata & Marc Nemiroff	Kids can be afraid of lots of things. It's normal. But these fears can seem really big! This book outlines easy strategies for kids and notes for parents	Fear, Anxiety	D33
Starving The Anxiety Gremlin: For Children Aged 5-9	Kate Collins-Donnelly	Learn how to get rid of the Anxiety Gremlin with this fun workbook. Includes puzzles, games and activities for children aged 5-9 to assist in understanding and coping with anxiety.	Anxiety, Worrying Thoughts Includes Practical Worksheets	F40
Starving The Stress Gremlin: A CBT Workbook On Stress Management For Young People	Kate Collins-Donnelly	Drawing on cognitive behavioural therapy principles, this book focuses on helping children and young people understand and control their stress, using example scenarios, activities and young people's comments to teach them effective emotional management skills. Includes resources for parents and professionals.	Anxiety, Stress Management For Young People Includes Practical Worksheets	F37
Stress Can Really Get On Your Nerves!	Trevor Romain And Elizabeth Verdick	Provides a light-hearted overview of stress with interactive puzzles and cartoons. The "What, Me Worry?" section describes the causes of stress and its physical and emotional effects. "How to Be a Panic Mechanic" gives kids ideas for dealing with stress and being stronger and more assertive	Stress, Anxiety,	A1

The Huge Bag Of Worries	Virginia Ironside	The Story of Jenny and her huge bag of worries that follows her everywhere, and how she eventually sorts them out	Anxiety, Worry	A10
The Scariest Thing Of All	Debi Clori	Pip the rabbit is afraid of lots of things--until he gets lost in the woods, right in front of the Scariest Thing of All! But when Pip confronts his fears, he finds courage in the most unlikely of places: inside himself.	Anxiety, Worrying Thoughts	F15
The Worrywarts	Pamela Duncan Edwards & Henry Cole	What if...? Wombat asks Weasel and Woodchuck if they want to wander the world with her, but they are overwhelmed with worries.	Anxiety, Worrying Thoughts	F29
When Fuzzy Was Afraid Of Big And Loud Things	Inger Maier & Jennifer Candon	In this tale, Fuzzy is afraid of loud sounds such as thunder and lightning, and the large animals on the farm making big noises. Fuzzy's father helps him desensitize to these big and loud noises using a number of behavioural practices.	Fears And Loud Noises	F20
When Fuzzy Was Afraid Of Losing His Mother	Inger Maier	Fuzzy falls and skins his knee. When he can't find his mother to comfort him, he feels scared and alone. When he does find her, he is afraid to let her out of his sight. So Fuzzy's mother comes up with several ideas to help him cope with being away from her.	Separation Anxiety	F3
When Lizzy Was Afraid Of Trying New Things	Inger Maier & Jennifer Candon	Fuzzy the Little Sheep helps his anxious sister Lizzy attempt different activities and test herself in gentle, realistic ways. Lizzy is shy and afraid of failing or making mistakes, so she refuses to play and try new things.	Fear And Worry: Dealing With New/Different Situations	F17
Will You Come Back For Me?	Ann Tompert	Four-year old Suki is worried about being left in day care for the first time until her mother reassures her that she loves her and will always return for her.	Separation Anxiety	D41

Wilma Jean The Worry Machine	Julia Cook & Anita Dufalla	Wilma Jean worries about everything! Like, missing the bus, doing a math test wrong, having no friends to play with, and getting carrots for lunch. Wilma Jean's teacher helps her figure out what worries she can control and those that she can't and what to do about both types of worries.	Anxiety, Coping With Worries	F28
Wilma Jean The Worry Machine: Activity And Idea Book	Julia Cook & Laurel Klaassen, Anita Dufalla	Activity book to accompany story- includes interactive puzzles, worksheets and activities.	Coping With Worries Includes Practical Worksheets	F33
What To Do When You Worry Too Much	Dawn Huebner	Did you know that worries are like tomatoes? No, you can't eat them, but you can make them grow, simply by paying attention to them... An interactive book for 6-12 yrs teaching strategies to overcome worries.	Worries, Anxiety, Cognitive Behavioural Therapy.	G6
When I'm Feeling Scared	Trace Moroney	Anyone would be scared of some things, like dangerous animals! But lots of other things aren't really as scary as they seem.	Anxiety, Scared, Fear	G11
Autism Spectrum Disorder (ASD):				
Title	Author	Synopsis	Themes/Issues	Ref #
A Special Book About Me	Josie Santomauro	A resource following diagnosis; Addresses questions such as 'What are the characteristics of AS?', 'Why did it happen to me?', and 'What happens now?'	Asperger's Syndrome	D23

Autistic Planet	Jennifer Elder	A journey to an alternative reality where being different is ordinary. Autistic planet is a magical world where all trains run exactly to time and where all kids dream of winning the chess World cup. Full of colour illustrations and written in child-friendly rhyme.	Autism	A20
I Am Utterly Unique	Elaine Marie Larson	Celebrates the strengths of children with Asperger's syndrome and high-functioning autism	Asperger's And Autism	A28
Ian's Walk	Laurie Lears	The story of Ian and his behaviours with Autism, through the eyes of his sister Julie	Autism, Siblings Dealing With Illness	A12
Russell's World – A Story For Kids About Autism	Charles A. Amenta III	Step into Russell's world for an inside look at a real-life family as they share their stories, experiences, and challenges that come with Autism.	Autism, Siblings With A Disability	C16
The One And Only Sam	Aileen Stalker	The story of a boy who struggles to understand non-literal expressions and common idioms. This book explores some of these and helps children with Asperger's Syndrome understand communication.	Asperger's Syndrome	A21
The Red Beast	K.I. Al-Ghani	Controlling anger in children with Asperger's syndrome	Aspergers, Anger Management	C19

Being New/ Moving/ Starting School:

Title	Author	Synopsis	Themes/Issues	Ref #
Big Ernie's New Home	Teresa & Whitney Martin	After moving into a new house Big Ernie, the family cat, feels confused and sad. His family help him to adjust through reassurance engaging in familiar routines.	Moving To A New Home	F4

Courage To Fly	Troon Harrison	Story of Meg and her experience of starting in a new and different city	Moving To A New Place, Diversity	B4
First Day	Margaret Wild	The experiences of a number of different kids from different cultures and backgrounds and their experiences of their first day at school	Diversity, First Day Of School	A31
I Am Too Absolutely Small For School	Lauren Child	Charlie's little sister Lola is nearly big enough to go to school - but Lola is not so sure.	Starting School	D30
New Kid On The Block: A Story About Working Through Being New	Jodi Baldwin	Provides new students strategies to cope with being new at school, while recognising feelings of loss, loneliness and fear. The book also includes a list of recommended strategies and discussion questions.	Being New, Confidence, Making Friends, Kindness Includes Notes for Parents/ Professionals	A30
Sunday Chutney	Aaron Blabey	Sunday has all kinds of great ways of coping with always being the 'new kid'. She also discovers that as much as she longs for a place to call home permanently, deep down she loves her interesting travelling life.	Being New In School	C7
The Magic Beads	Susin Nielsen-Fernlund	It's 7yo Lillian's first day at a new school, and she is worried about Show and Tell at the end of the week! Lillian and her mum have just left her abusive father and moved into a family refuge/shelter, leaving everything behind. Every day that Lillian watches her classmates bring in toys with which she has nothing to compare. She realizes that imagination can make anything magical, even an ordinary string of beads.	Diversity, Homelessness, Anxiety, Family Violence, Abuse	A9
We Are Best Friends	Aliki	When Robert's best friend Peter moves away, both are unhappy, but they learn that they can make new friends and still remain best friends.	Friendship, Moving	B10

Will You Come Back For Me?	Ann Tompert	Four-year old Suki is worried about being left in day care for the first time until her mother reassures her that she loves her and will always return for her.	Separation Anxiety	D41
<u>Bullying:</u>				
Title	Author	Synopsis	Themes/Issues	Ref #
Arnie And The New Kid	Nancy Carlson	When a new kid who is in a wheelchair comes to school, Arnie teases him. When Arnie breaks his leg he comes to realise what it is like to have a disability.	Bullying, Disability, Being New And Different	A19
Clancy The Courageous Cow	Lachie Hume	Clancy is different to the other cows and is always picked on. One day Clancy must stand up for what is right.	Bullying, Diversity, Standing Up To Others	C29
Confessions Of A Former Bully	Trudy Ludwig	Katie never thought of herself as a bully. It's not like she ever hit anyone? Katie's journal transformation provides practical tools to identify and overcome emotional bullying.	Being A Bully	C9
Crow Boy	Taro Yashima	When Chibi starts at a new school he is bullied because he is different, everyone learns about him and his special talent.	Bullying, Cultural Diversity, Uniqueness	A18
Don't Tell Lies, Lucy!	Phil Roxbee Cox	Billy bullies his classmates, Lucy tells her family lies and Jack takes whatever he wants. See what happens to each of them in these amusing cautionary tales that warn of the perils of behaving badly.	Bullying, Communication, Lying, Trust, Consequences	D4

Howard B. Wigglebottom Listens To His Heart	Howard Binkow	After Howard is laughed at and teased at school he loses his confidence and self esteem; it takes Grandpa helping Howard find something he enjoys and is good at to get his confidence back	Bullying, Self-Esteem, Confidence, Achievement	C14
Leave Me Alone	Kes Gray And Lee Wildish	A young boy struggles to stand up to his bully until his friends show him that eight loud voices are stronger than one.	Bullying, Friendship, Resilience	C5
My Secret Bully	Trudy Ludwig	Katie is Monica's best friend, but there are times when Katie can be just plain mean and Monica doesn't understand why.	Bullying, Friendship, Assertiveness, Standing Up To Others	A15
Nobody Knew What To Do	Becky Ray McCain	Tells how one child found the courage to tell a teacher about Ray, who was being picked on and bullied by other kids in school.	Bullying, Standing Up To Others, Assertiveness	C13
Not My Fault	Leif Kristiansson	Written from the perspective of the schoolyard, this book looks at issues of responsibility, in standing up for peers experiencing bullying.	Bullying, Bystanders	B15
Stand Tall	Diane E Hansen	There will always be people who try to make others feel small. But there is no one anywhere quite like you... stand tall and believe in yourself	Self Esteem, Bullying, Resilience	C17
The Bad-Tempered Ladybird	Eric Carle	The bad-tempered ladybird picks fights with every animal it meets, no matter how big or small. But, after a whole day of being bad-tempered, the ladybird realises that life is much better when you're in a good mood.	Anger, Strong Emotions, Bullying, Happiness	A17
The Magpie Who Wasn't A Chicken	Steve Herod	Children's picture book that explores tackles the power imbalance in relationships and useful bully-proofing tactics	Bullying, Peer Pressure	B22

The Recess Queen	Alexis O'Neill And Laura Heliska-Beith	Mean Jean rules the playground and everybody is scared of her. But when a new girl comes to school everything changes, and Jean learns what it's like to have a friend.	Bullying, Friendship, Assertiveness, Kindness	D7
Trouble Talk	Mikela Prevost	Maya gets help from a school counsellor when the new student she has tried to befriend upsets her, as she has other students, by spreading rumours, saying hurtful things, and sharing information that is not hers to share.	Bullying, Gossip, Friendships	B40

Disability:

Title	Author	Synopsis	Themes/Issues	Ref #
Arnie And The New Kid	Nancy Carlson	When a new kid who is in a wheelchair comes to school, Arnie teases him. When Arnie breaks his leg he comes to realise what it is like to have a disability.	Bullying, Disability, Being New And Different	A19
Keep Your Ear On The Ball	Genevieve Petrillo	Davey is blind, but always determined to do everything the same as the other kids. But when Davey can't play kickball, the class works together to find a way to have Davey play kickball too.	Blindness, Cooperation And Teamwork, Celebrating Individual Abilities	A42
My Remember Is Broken	Nicki Hurwitz	Dylan has great difficulty remembering things and suffers devastating consequences in all spheres of his life: family, peers and at school.	Stress, Disability	C2

Diversity (Cultural/Individualism/SSA):

Title	Author	Synopsis	Themes/Issues	Ref #
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Crow Boy	Taro Yashima	When Chibi starts at a new school he is bullied because he is different, everyone learns about him and his special talent.	Bullying, Cultural Diversity, Uniqueness	A18
Dancing The Boom Cha Cha Boogie	Narelle Oliver	As the three little Murnells play in a leaky old Arkel, a wild whirligig destroys their homeland and sets them drifting towards an alien shore. There is little hope for homeless Murnells until they are befriended by a young snig, sharing each other's lives and customs.	Diversity, Moving, Being New	D11
Edward The Emu	Sheena Knowles	Edward wants to be like all the other animals, until he meets someone just like him	Self Esteem, Self Acceptance, Uniqueness	C21
First Day	Margaret Wild	The experiences of a number of different kids from different cultures and backgrounds and their experiences of their first day at school	Diversity, First Day Of School	A31
I'm Me And You Are You	Althea	Lots of statements from young people about uniqueness, diversity, and being proud of who you are.	Diversity - Individual And Cultural, Self Esteem, Uniqueness	A26
Princess Max	Laurie Stiller & Gregory Rogers	Max loves to dress up as a beautiful princess (with his father's underpants on his head and his mother's dress!!) But his image and confidence is shattered when his favourite 'cool' cousin calls him a 'weirdo'. But his mother brings his smile and laughter back with a little bit of encouragement	Gender, Gender Stereotypes, Being Different	F13
Round Fish Square Bowl	Tom Skinner	Clichés about the clumsiness of a 'bull in a china-shop', or being 'as mad as a hatter' are neatly turned around to be very positive and desirable traits indeed	Celebrating Differences	B11

The Grey Boy	Ferre Luis	Joshua is not only a different colour to his parents and all of his friends, he's different inside too. But in this story even skin colour can change. As Joshua's skin takes on its new hue he finds himself connected to new emotions and reactions.	Cultural Diversity, Individual Diversity, Adoption	B2
The Sandwich Swap	Queen Rania Al Abdullah And Kelly Dipucchio	Lily and Salma are best friends. They like doing all the same things, and they always eat lunch together... but they eat different foods. A food fight breaks out and teaches the pair about acceptance and diversity.	Tolerance, Friendship, Cultural Diversity, Acceptance	B39
You are (not) small	Anna King	Two fuzzy creatures can't agree on who is small and who is big, until a couple of surprise guests show up, until a couple of surprise guests show up, settling it once and for all! An original and very funny story about size - it all depends on who's standing next to you!	Diversity, bullying (size), Individualism	NEW

Emotions & Behaviours (Anger, Loneliness, Bad Moods, Manners, Lying Etc.):

Title	Author	Synopsis	Themes/Issues	Ref #
Andrew's Angry Words	Dorothea Lachner	Andrew lets out angry words and learns the hard way that everything we say has consequences.	Anger, Consequences, Angry Words	C26
Better Than You	Trudy Ludwig	Tyler can't show Jake anything without Jake saying he can do better – and it leaves Tyler feeling like he shouldn't even try. With help from his uncle Kevin, Tyler begins to understand that Jake's bragging has nothing to do with Tyler's own abilities.	Bragging, Friendship, Self Esteem	A43

Byron And The Chairs	Rebecca Sng And Simon Greiner	We all have little monsters that come into our lives. Byron has a little green monster in his life. Its name is 'Jealousy'. When mum brings home a new chair for Bryon, jealousy decides to intervene. What will Byron do?	Jealousy, Behaviour	A33
Chillax	Marcella Marino Craver	Ernie learns to chill out, relax, and take charge of his anger	Anger Management, Strong Emotions	A2
Don't Squeal Unless It's A Big Deal	Jeanie Franz Ransom	Helps kids learn when telling is appropriate and when it is merely squealing	Communication, Dealing With Different Situations	B1
Don't Tell Lies, Lucy!	Phil Roxbee Cox	Billy bullies his classmates, Lucy tells her family lies and Jack takes whatever he wants. See what happens to each of them in these amusing cautionary tales that warn of the perils of behaving badly.	Bullying, Communication, Lying, Trust, Consequences	D4
Excuse Me	Brian Moses And Mike Gordon	Shows lots of everyday situations and the importance of being polite.	Manners, Kindness	A27
Happy Thoughts Are Everywhere	Nicky Johnston	Join Bayden's journey as he goes in search of his happy thoughts – you'll never guess where he finds them!	Emotions, Happy Thoughts, Anxiety	G5
Have You Filled A Bucket Today?	Carol Mccloud	Everyone has an invisible bucket, how we act towards others helps to fill – or empty – their bucket.	Positive Behaviour, Kindness, Emotional Wellbeing	A24
How Full Is Your Bucket? For Kids	Tom Rath And Mary Reckmeyer	When Felix wakes up one morning, he finds an invisible bucket floating overhead. A rotten morning threatens his mood – and his bucket drop by drop. Can Felix discover how to refill his bucket before it's completely empty?	Anger And Negative Emotions, Socialising Positively, Resilience,	C3

How To Take The Grrrr Out Of Anger	Elizabeth Verkick And Marjorie Lisovskis	Step by step guide to dealing with anger and strong emotions in a fun and easy to read way.	Anger Management	A3
Howard B. Wigglebottom & Manners Matter	Howard Binkow	Using humour and a light approach this book introduces to 5 to 8 year olds the concept "to have good manners is to do and say only what makes people feel good and comfortable	Manners	D39
Howard.B.Wigglebottom And The Monkey On His Back	Howard Binkow And Susan F. Cornelison	Howard keeps telling lies and the more he tells the more his conscience makes him feel bad - like there is a monkey on his back. Only when Howard tells the truth does he realise that it feels better to do the right thing.	Lying, Behaviour, Making Better Choices. *Includes Suggestions And Reflections	F7
Howard.B.Wigglebottom Blends In Like Chameleons.	Howard Binkow And Susan F. Cornelison	Joey has trouble sitting still, sharing and paying attention, he is always getting into trouble. Howard helps Joey find his two pet chameleons that he has lost at school. Along the way Joey learns some important skills.	Belonging, Empathy, Behaviour Includes Suggestions And Reflections	F8
It's Hard To Be A Verb	Julia Cook	Being a Verb is hard! Especially for the over-active Louis.. Louis' mum teaches him techniques to help keep his inner itching, twitching, and jumping to be a verb in check.	ADHD, Behavioural Issues	B21
Listen Buddy	Helen Lester	"Buddy's father had a beautiful big nose. He was a great sniffer. Buddy's mother had beautiful big teeth. She was a great chomper. Buddy had beautiful big ears. It didn't matter." When someone says squash, Buddy hears wash. Tomatoes, you say?	Listening	D32

Personal Space Camp	Julia Cook	Louis, a self-taught space expert is delighted to learn that his teacher has sent him to the principal's office to attend personal space camp	Behaviour, Friendship, Personal Space	B27
Rising Above The Storm Clouds: What It's Like To Forgive	Robert D. Enright	Franklin talks to his children about what they think forgiveness feels like and then guides them, using symbolism, through the many values and benefits of forgiveness	Forgiveness, Resilience	A13
Shy Spaghetti And Excited Eggs	Marc Nemiroff And Jane Annuziata	Helps kids learn to recognize and identify their own emotions and what to do when those feelings get too big or out of control.	Emotions And Feelings	D15
So Shy	Vicki Morrison	Jake is so shy that he has no friends. His only playmate is his shadow. They do everything together, but shadows can't talk, and Jake longs for a real friend to laugh and joke with.	Friendship, Confidence, Shyness	B3
Sorry	Trudy Ludwig	Does an apology count if you don't really mean it? And what happens when the person you've hurt knows you don't mean it? Jack's about to find out that there's a whole lot more to a real apology than a simple sorry.	Good And Bad Behaviour, Lying, Consequences.	C12
The Bad-Tempered Ladybird	Eric Carle	The bad-tempered ladybird picks fights with every animal it meets, no matter how big or small. But, after a whole day of being bad-tempered, the ladybird realises that life is much better when you're in a good mood.	Anger, Strong Emotions, Bullying, Happiness	A17

The Grouchies	Debbie Wagenbach	Story about when the Grouchies take hold and everything in your day is bad. This book looks at the difference between positive and negative attitudes to situations.	Happiness, Self-Talk, Bad Moods	A37
The Very Cranky Bear	Nick Bland	In the Jingle Jangle Jungle on a wet and windy day, four little friends meet a very cranky bear. Can they cheer him up?	Friendship, anger	G7
Tilly's Big Problem	Rose Stanley & Lisa Allen	When Tilly's problem gets too much for her she confides in her friend Ned. Although Ned can't come up with a solution, he helps her find someone to talk to.	Friendship, Understanding Emotions, Getting Help.	F38
Tough Boris	Kathryn Brown	Boris von der Borch is a tough pirate but when his parrot dies, he cries like a baby	Grief And Loss. Normalising Emotions	F18
Wanda- Linda Goes Berserk	Kaz Cooke	When Wanda-Linda wakes up in a bad mood, she's rude to her mum and dad and even Glenda, her hairy-nosed wombat. But who could have predicted that Wanda-Linda's biggest tantrum would end up involving a horrified Mrs Kafoops, a packet of butter and the fire brigade?	Managing Anger And Moods	F2
When I'm Feeling Loved	Trace Moroney	Feeling loved is the most wonderful feeling. It makes you feel safe, warm, protected and special.	Love	G12

When I'm Feeling Lonely	Trace Moroney	Lots of things can make you feel lonely. It's not a nice feeling, but just remember that everyone feels that way sometimes.	Loneliness	G13
When I'm Feeling Kind	Trace Moroney	Helping people, listening to your friends, feeling good about yourself. Feeling kind is all of these things, and more.	Kindness	G14
When I'm Feeling Sad	Trace Moroney	Everyone feels sad sometimes. It's a quiet, lonely feeling. But it can often help to talk to someone about it.	Sadness	G15
When I'm Feeling Jealous	Trace Moroney	Feeling Jealous can sometimes make you do silly things. But always remember that everyone is special - and that means you too!	Jealousy	G16

When I'm Feeling Happy	Trace Moroney	So many things can make you feel happy. Playing with friends, a special treat – or just a big hug.	Happiness, behaviour	G17
When I'm Feeling Angry	Trace Moroney	When you're really angry you feel like you're going to explode. It's okay to be angry sometimes, as long as you don't hurt anyone.	Anger, behaviour	G18

Family (Siblings, Dynamics, Diversity):

Title	Author	Synopsis	Themes/Issues	Ref #
A Bit Of Company	Margaret Wild And Wayne Harris	Christopher is lonely because his mum is busy looking after new baby triplets. Molly, his neighbour is also lonely. The two become friends and support each other.	Loneliness, Family Change, New Siblings, Friendship	D8
A Family is like a Cake	Shona Innes & Irisz Agocs	Families come in all shapes and sizes. They are the people who help us feel that we belong. Families give us help, support and love... even we are apart from them. When we are with our family, we feel like we are home.	Family, Sharing	G9
Brand New Baby	Bob Graham	A picture book which traces the final days of pregnancy and the first days of having a new brother, as seen through the eyes of two small children.	New Sibling	B30

Do You Sing Twinkle?	Sandra Levins	Mom has a new family! She has a new husband who is not my dad, and worst of all, new kids. Girls	Remarriage, New Family	D3
Don't Be Horrid Henry	Francesca Simon	Henry doesn't like his new baby brother and will try anything to get rid of him and get his mums attention; until he realises he is his little brother's hero.	New Sibling, Misbehaving, Jealousy	C30
Family Forest	Kim Kane And Lucia Masciullo	Families come in all shapes and sizes. Half-sisters, big brothers, step-parents... while some kids have a family tree, others have a family forest.	Family Diversity, Various Experiences Of Families	B8
Finding Home	Gary Crew And Susy Boyer	Explores conflicting attitudes towards the environment, our history, and people's pursuit of learning. Portraying the difficulty an individual faces when confronted by the irreconcilable attitudinal differences within their family.	Environment, History, Education, Family, Family Conflict	A16
Good Days, Bad Days	Catherine And Laurence Anholt	Every family has good and bad days; days where everything seems prefect and others where everything just seems to go wrong.	Resilience, Good And Bad Days, Family Dynamics	D9
In Our Mother's House	Patricia Polacco	The story of a rainbow family - having two mums and adopted siblings	Family Dynamics, Rainbow Families, Adoption, Community Attitudes	C1
The Family Book	Todd Parr	The family book celebrates all kinds of families and shows how each is special in its own way	Family Diversity, Various Experiences Of Families	D5
The Pain And The Great One	Judy Blume	Read from the perspective of The Great One (aka the sister)and The Pain (aka the brother), vying with one another to try to get more attention from their parents	Sibling Rivalry, Family Dynamics, Jealousy	C31

This Is How We Became A Family	Wayne Willis	An adoption story for children of all ages. It tells of a couple who long for a child, of a pregnant young woman who is not ready to be a mother, and of the events that bring them together for a happy ending. It also invites children to ask questions about their own adoption story.	Adoption	D26
Where Did I Really Come From?	Narelle Wickham	This book offers simple, non-judgemental explanations of sexual intercourse, assisted conception (DI, IVF), pregnancy, birth, surrogacy and adoption.	Sexual Intercourse, IVF, Pregnancy, Birth, Surrogacy, Adoption	D27
Family Separation (Divorce, Foster Care Etc.):				
Title	Author	Synopsis	Themes/Issues	Ref #
At Daddy's On Saturdays	Linda Walvoord Girard & Judith Friedman	Tells the story of separation from a child's point of view.	Family Separation, Divorce, Adjusting To Shared Custody	F36
Dennis And The Big Decisions	Paul Sambrooks	Follows Dennis through his experience of foster care as important decisions are made about where he should live and who with. It looks at the range of adults who are involved in decision making, including social workers, foster carers, judges and birth parents, and emphasises how they all want to make the right choice for Dennis.	Foster Care	D16
Dinosaurs Divorce: A Guide For Changing Families	Laurie Krasny Brown & Marc Brown	A simple look into the issue of divorce.	Divorce, Family Separation	D36

Do You Sing Twinkle?	Sandra Levins	Mom has a new family! She has a new husband who is not my dad, and worst of all, new kids. Girls	Remarriage, New Family	D3
Finding The Right Spot	Janice Levy	A young girl living with her foster parent describes the emotional ups and downs of being separated from her mother and living in unfamiliar surroundings.	Foster Care	D22
Goodnight, Daddy	Angela Seward	Phoebe rarely sees her Dad. When he cancels their visit, again, she struggles with the strong emotions involved.	Family Separation, Absent Parent	A29
Home And Away	John Marsden And Matt Ottley	Tells the journey of a family of illegal immigrants who flee civil war on a boat, told through the short journal entries of a 15 year old.	Refugees, Migration, Family Separation, Grief And Loss	C23
It's Just Different Now	Linda Espie	Suitable for children aged 3 to 7 this book helps children understand that grief is associated with the divorce of their parents.	Family Separation And Divorce	A6
Mum And Dad Glue	Kes Gray & Lee Wildish	A little boy tries to find a pot of parent glue to stick his mum and dad back together.	Family Separation, Divorce	F34
Murphy's Three Homes: A Story For Children In Foster Care	Jan Levinson Gilman	A dog describes the emotional ups and downs of being in multiple foster homes and living in unfamiliar surroundings.	Foster Care	D2
My Dad's In Prison	Tess Rowlet And Rhiannon Mclay	Tells of the experiences of a sibling group, whose Dad has gone to prison. Explains some of the basic things a Dad may do in prison and common the security measures in Australian prisons around visiting. Ages 4-9.	Parent In Prison	B32

My Family's Changing	Pat Thomas	A picture book on divorce which addresses the child directly and is designed to encourage interaction between parents/teachers and the child	Family Separation, Divorce	F39
Oliver At The Window	Elizabeth Shreeve	A book for children who are feeling withdrawn or sad after a divorce. On top of those difficult feelings, sometimes kids have to move and change schools because of the divorce. It's no wonder detachment can become an issue for students.	Family Breakdown, Family Separation	F1
Spark Learns To Fly	Judith Foxon	Spark the dragon lives happily with his parents and sister, until his mum and dad start fighting. When the children get injured, they have to go and live with a foster carer, who helps them understand their situation and painful emotions.	Foster Care, Family Violence	D21
Skimming Stones	Steve Herod	When Gary's parents were having problems in their relationship he tried everything he could think of to make them happy again. When they broke up he was devastated.	Family Separation, Divorce	B28
Two Homes	Claire Masurel & Kady Macdonal Denton	At Mommy's house, Alex has a soft chair. At Daddy's house, Alex has a rocking chair. In each home, Alex also has a special bedroom and lots of friends to play with. But whether Alex is with Mommy or with Daddy, one thing always stays the same - Alex is loved.	Family Separation, Divorce, Adjusting To Shared Custody	F35

Was It The Chocolate Pudding?	Sandra Levins	Readers learn about divorce, and receive age-appropriate explanations of what is happening regarding such issues as single-parent homes and joint custody. It includes a Note to Parents	Family Separation, Divorce Includes Notes for Parents/ Professionals	D1
When Dad Was Away	Liz Weir & Karin Littlewood	When Mum tells Milly that Dad has been sent to prison, Milly feels angry and confused. She can't believe her dad won't be at home to read her stories and make her laugh.	Parent In Prison	F27
When My Parents Forgot How To Be Friends	Jennifer Moore-Mallinos	This sensitively written book assures boys and girls that children are in no way responsible for their parents' inability to get along together.	Family Separation, Divorce	B17
Where Are My Brothers And Sisters?	Hedi Argent	Following the story of Billy and Carl, who are fostered, this guide explores the different ways in which children may be looked after and what this can mean for the relationships between siblings. Attractively designed with bright, colourful.	Foster Care	D24
<u>Friendship:</u>				
Title	Author	Synopsis	Themes/Issues	Ref #
Better Than You	Trudy Ludwig	Tyler can't show Jake anything without Jake saying he can do better – and it leaves Tyler feeling like he shouldn't even try. With help from his uncle Kevin, Tyler begins to understand that Jake's bragging has nothing to do with Tyler's own abilities.	Bragging, Friendship, Self Esteem	A43

Circle Of Three	Elizabeth Brokamp	Good things come in threes. That’s how best friends Lindsey, Bella, and Kate usually feel. But sometimes three doesn’t always feel so fun	Girl’s Friendship Dynamics, Solutions To Friendship Issues	C8
Do Unto Otters	Laurie Keller	The Otters have moved in next door. Mr Rabbit must now learn what it means to be a good friend.	Friendship	C27
Friendship is like a Seesaw	Shona Innes & Irisz Agocs	Friendship is a little bit like a seesaw. When a seesaw is even on both sides, it is balanced. But sometimes you might feel up in the air when your friend feels low. Other times, you might feel low when your friend is up. So how is it possible to get a balanced friendship...	Friendship	G8
My Secret Bully	Trudy Ludwig	Katie is Monica’s best friend, but there are times when Katie can be just plain mean and Monica doesn't understand why.	Bullying, Friendship, Assertiveness, Standing Up To Others	A15
So Shy	Vicki Morrison	Jake is so shy that he has no friends. His only playmate is his shadow. They do everything together, but shadows can't talk, and Jake longs for a real friend to laugh and joke with.	Friendship, Confidence, Shyness	B3
Sylvia And Bird	Catherine Rayner	Sylvia is the only dragon in the world and is lonely, but a special friendship with a small bird helps her to feel happy again.	Friendship, Loneliness	D10
The Sandwich Swap	Queen Rania Al Abdullah And Kelly Dipucchio	Lily and Salma are best friends. They like doing all the same things, and they always eat lunch together... but they eat different foods. A food fight breaks out and teaches the pair about acceptance and diversity.	Tolerance, Friendship, Cultural Diversity, Acceptance	B39

We Are Best Friends	Aliki	When Robert's best friend Peter moves away, both are unhappy, but they learn that they can make new friends and still remain best friends.	Friendship, Moving	B10
We Can Get Along	Lauren Murphy Payne	Explores conflict resolution in a way that is easy for children to understand	Friendship, Conflict Resolution	B9
<u>Grief And Loss:</u>				
Title	Author	Synopsis	Themes/Issues	Ref #
After Charlotte's Mom Died	Cornelia Spelman	This story follows the experiences and emotions of Charlotte and her Dad following the unexpected death of her Mum and the ways in which Anne, the counsellor helps them in their grieving.	Grief And Loss, Sudden Death, Strong Emotions, Single Parent Family	B36
Ben's Flying Flowers	Inger Maier & Maria Bogade	"I'm never drawing happy pictures again." Day after day Emily draws pictures of dark clouds with rain, and houses with tiny windows and doors. She misses her brother Ben so much.	Illness, Grief And Loss, Memories, Resilience	F26
Black Jack Jetty	Michael A. Carestio	No one really understands. Will a trip to Black Jack Jetty really make him forget about his dad's death? How could surrounding himself with loads of cousins and aunts and uncles fix anything?	Grief And Loss, Death Of A Parent (Father)	D25

Children Also Grieve	Linda Goldman	Offers support and reassurance to children coming to terms with the loss of a close friend or relative and to adults who are supporting them through their bereavement.	Grief & Loss	C18
Dan's Grandpa	Sally Morgan And Bronwyn Bancroft	Dan misses his Grandpa, but learns that there will always be a special part of him with him.	Death Of A Grandparent, Loss And Grief, Memories	A32
Goodbye, Brecken	David Lupton	Describes the feelings of a little girl after her dog dies and features information for parents on helping a child cope with grief.	Grief And Loss, Death Of A Pet	F6
Grandpa	Lilith Norman And Noela Young	Blake thought his Grandpa was a pain in the neck sometimes, but now that he is gone he misses the good things about him.	Death Of A Grandparent, Grief And Loss.	A5
Harry And Hopper	Margaret Wild And Freya Blackwood	When Harry's beloved dog Hopper dies, he has a hard time letting go. Are Hopper's visits in his imagination, or is he making sure Harry is alright first before he truly leaves.	Grief And Loss	F12
He's Gone And I Miss Him	Hilary Fraser	Shares the initial journey of a child when his father commits suicide, his reactions, emotions, and experiences of grief and loss.	Suicide, Grief And Loss, Trauma	A7

I Don't Have An Uncle Phil Anymore	Marjorie White Pellegrino	The story of a boy who receives the news that his adored Uncle Phil has died unexpectedly. As his mother attempts to explain death to him, he finds his own way to grieve for his uncle.	Death Of A Family Member, Grief And Loss	A39
If Nathan Were Here	Mary Bahr	Explores the grief of a young boy whose best friend has died. Offers a child's perspective on grief and loss.	Grief And Loss, Death Of A Friend	A14
I'll Always Love You	Hans Wilhelm	This is a story about the love between a boy and his dog. When the dogs dies the boy find comfort in the love they had shared.	Grief And Loss	F11
Jamie's Star	Sue Lawson And Rebecca Wheeler	Jamie has coped with many challenges since his mum became ill, but how will he prepare for the toughest one of all – facing life without her?	Illness Of A Parent, Family, Love, Grief And Loss, Memories, Resilience	B7
Jenny Angel	Margaret Wild	Jenny is an angel – a guardian angel. At least that's what she believes. If she stays on guard tonight and every night, maybe the doctors will be wrong and Davy will not die.	Illness, Death Of A Sibling, Grief And Loss	B12
Life Is Like The Wind	Shona Innes	Offers a gentle and direct approach to the emotional issues that children face. Written by a clinical child psychologist, these books encourage youngsters to share and discuss tough topics with family and friends.	Understanding Death, Grief And Loss	F16

Luna's Red Hat	Emmi Smid	It is a beautiful spring day, and Luna is having a picnic in the park with her family, wearing her Mum's red hat. Luna's Mum died one year ago and she still finds it difficult to understand why.	Understanding Suicide, Grief And Loss, Memories, Resilience	F32
Molly's Memory Jar	Norma Spaulding	Molly's Dad helps her grieve and remember her dog Lucy.	Death Of Pet, Memories, Grief And Loss, Loneliness.	C10
Old Hu-Hu	Kyle Mewburn	The story of Little Hu-Hu, remembering his grandfather Old Hu-Hu	Death Of A Grandparent, Loss And Grief, Memories	D6
Passing On	Mike Dumbleton And Terry Denton	A Grandmother and her young grandchild treasure the time they have together. The wonderful hours spent reading, fishing, and paddling in the sea will always be remembered	Memories, Death Of A Grandparent, Grief And Loss	B20
Sad Book	Michael Roden	Explores the first person reflections of an adult following the death of his son; and dealing with the complicated emotions of grief.	Grief And Loss, Resilience	C24
Sad Isn't Bad: A Good-Grief Guidebook For Kids Dealing With Loss	Michaelene Mundy & R.W.Alley	A book to help children grieve in healthy ways. This friendly and loving guide is loaded with positive, life-affirming help to coping with loss as a child.	Grief And Loss	F23
Samantha Jane's Missing Smile	Julie Kaplow And Donna Pincus	The story of Samantha Jane who finds a way to remember her smile following the death of her father.	Death Of A Parent, Grief And Loss, Happy Memories	A41
Saying Goodbye To Daddy	Judith Vigna	Story of Clare whose father died, and the questions raised during her journey of saying goodbye	Death Of A Parent, Grief And Loss, Happy Memories	A23

The Balloon Cloud	Clare Hanlon	Henry's balloon slips from his hand and drifts into the sky...The balloon drifts up and up to the balloon cloud, a special cloud in the sky where all the lost balloons go. When Henry was little, his brother Sam died and Henry still misses him. This is a story about loss, letting go and remembering those who are no longer with us.	Grief And Loss, Death Of A Sibling	D31
The Big Little Book Of Happy Sadness	Colin Thompson	George lives with his grandmother and a big empty space where his mother and father should be. On his way home from school, George visits the animal shelter. There, in the very last cage, is Jeremy, a sad dog who looks as lost and lonely as George feels. When Jeremy comes home to live with them, they learn that when it comes to love, it's quality not quantity that counts.	Loneliness, Friendships, Grief And Loss	B6
The Important Things	Peter Carnavas	Christopher comes to terms with the loss of his father; he and his mum discover what is important in their lives, and ways of remembering.	Grief And Loss, Death Of A Parent (Father)	D13
The Land On The Other Side Of The Rainbow	Steve Herod	When Melissa's grandmother dies she is plunged into grief with all its accompanying confusion and sorrow. Explains grief and includes notes for parents and professionals.	Grief And Loss, Death Of A Grandparent	B25
The Sound Of The Sea	Jacqueline Harvey & Warren Crossett	This moving tale explores the relationship between a young boy, Samuel Sullivan, and his mother. Samuel is remembering the precious times he spent with his mother before she became ill and went away	Illness, Grief And Loss, Memories, Resilience	F25
Tough Boris	Kathryn Brown	Boris von der Borch is a tough pirate but when his parrot dies, he cries like a baby	Grief And Loss. Normalising Emotions	F18

When Someone Very Special Dies: Children Can Learn To Cope With Grief	Marge Heegaard	A practical format for allowing children to understand the concept of death and develop coping skills for life, this book is designed for young readers to illustrate.	Grief And Loss, Understanding Death	D34
Illness (Mental Health, Eating Disorders, Ocd, Dementia, Addiction Etc.):				
Title	Author	Synopsis	Themes/Issues	Ref #
Ben's Flying Flowers	Inger Maier & Maria Bogade	"I'm never drawing happy pictures again." Day after day Emily draws pictures of dark clouds with rain, and houses with tiny windows and doors. She misses her brother Ben so much.	Illness, Grief And Loss, Memories, Resilience	F26
Full Mouse Empty Mouse	Dina Zeckhausen	What can two little mice do when they are chased by the cat, hounded by the dog, and threatened by the deadly mousetrap? Billy Blue tries eating more food to soothe his distress, and Sally Rose stops eating altogether.	Stress, Resilience, Eating Disorders	B35
I Had A Black Dog	Matthew Johnstone	There are many different breeds of Black Dog affecting millions of people from all walks of life. The Black Dog is an equal opportunity mongrel. This story provides an insight into what it is like to have a Black Dog as a companion and the strength and support around us to tame it.	Depression	B19
Jamie's Star	Sue Lawson And Rebecca Wheeler	Jamie has coped with many challenges since his mum became ill, but how will he prepare for the toughest one of all – facing life without her?	Illness Of A Parent, Family, Love, Grief And Loss, Memories, Resilience	B7

Jenny Angel	Margaret Wild	Jenny is an angel – a guardian angel. At least that’s what she believes. If she stays on guard tonight and every night, maybe the doctors will be wrong and Davy will not die.	Illness, Death Of A Sibling, Grief And Loss	B12
Making Mummy Better	Denis Scott	This book explains post natal depression from a child's perspective and provides reassurance on getting better.	Postnatal Depression, Coping With Parental Mental Health	F24
My Little Grandmother Often Forgets	Reeve Lindbergh	Explores the very special bond between a beloved grandmother who is affected by memory loss and her patient, devoted grandson.	Memory Loss, Dementia	C4
Nanny’s Quite Befuddled	Liz Dowsett	A light hearted story about Nanny and her forgetfulness, seen through the eyes of her grandchild.	Dementia	B33
Striped Shirts And Flowered Pants	Barbara Schnurbush	Libby notices that Nana is forgetting the words in books. She’s mixing up the names of birds, wearing clothes that don’t match. When Libby’s parents tell her about Alzheimer’s disease, she begins to understand what is happening to Nana. With their reassurance and help, she finds ways to be with Nana and still do the things that they love.	Alzheimer’s, Dementia	C11
The Colour Thief: A Family's Story Of Depression	Andrew Fusek Peters And Polly Peters	A child recounts his experience of losing his father to depression; disappearing into a world without colour. As the father seeks help, colour begins to reappear— and with it, hope.	Depression, (Parent With), Mental Health	B41
The Red Tree	Shaun Tan	Illustrations representing the experiences of depression and hope.	Depression	D14

The Secret Problem	Chris Wever And Neil Phillips	The secret problem speaks honestly about what it's like to have secret problems such as compulsive rituals and obsessive thoughts, and how relatives of sufferers can often have a hard time of it too.	Obsessive Compulsive Disorder	B13
The Sound Of The Sea	Jacqueline Harvey & Warren Crossett	This moving tale explores the relationship between a young boy, Samuel Sullivan, and his mother. Samuel is remembering the precious times he spent with his mother before she became ill and went away	Illness, Grief And Loss, Memories, Resilience	F25
When A Family Is In Trouble: Children Can Cope With Grief From A Drug And Alcohol Addition	Marge Heegaard	Provides basic information about drug and alcohol addictions and encourages healthy coping skills.	Alcohol And Other Drugs, Addiction (Parent)	D40
<u>Political Issues</u>				
Title	Author	Synopsis	Themes/Issues	Ref #
We Are All Born Free	United Nations	The Universal Declaration of Human Rights in Pictures	Human Rights	D12
What Does Peace Feel Like?	V. Radunsky	Hear what real children from around the world have to say about what peace might feel like (maybe a hug?), taste like (an ice-cream cone, of course!), sound like (everyone's hearts beating), and so on.	Cultural Diversity, Peace	B38

Refugee/ Immigration

Title	Author	Synopsis	Themes/Issues	Ref #
Dancing The Boom Cha Cha Boogie	Narelle Oliver	As the three little Murnells play in a leaky old Arkel, a wild whirligig destroys their homeland and sets them drifting towards an alien shore. There is little hope for homeless Murnells until they are befriended by a young snig, sharing each other's lives and customs.	Diversity, Moving, Being New, Immigration	D11
Home And Away	John Marsden And Matt Ottley	Tells the journey of a family of illegal immigrants who flee civil war on a boat, told through the short journal entries of a 15 year old.	Refugees, Migration, Family Separation, Grief And Loss	C23
Refugees	David Miller	Relates the adventures of pair of wild blue-billed ducks whose home is destroyed when their swamp is dug up and they have to find a safe place to live.	Refugees	C6
Ziba Came On A Boat	Liz Lofthouse	A story about Ziba and her family's brave journey to make a new life after losing everything.	Refugees, Migrants	C22

Resilience & Self Esteem:

Title	Author	Synopsis	Themes/Issues	Ref #
Be Brave	Karen Rochester	If someone has hurt you and life now feels harder, or out of control, then this very special package has arrived just in time and it's specially meant for you.	Coping, Resilience	C32
Edward The Emu	Sheena Knowles	Edward wants to be like all the other animals, until he meets someone just like him	Self Esteem, Self Acceptance, Uniqueness	C21

Edwardo	John Burningham	Edwardo is the most horrible boy in the whole wide world. He must be, because that's what everyone tells him.	Self-Esteem, Listening To Others	C28
Giraffes Can't Dance	Giles Andreae And Guy Parker-Rees	Gerald the giraffe longs to dance like everyone else, but his legs are too long and skinny and he just can't seem to get it right. Gerald is encouraged to find his own style.	Self Esteem, Resilience. Confidence.	F10
Howard B. Wigglebottom Listens To His Heart	Howard Binkow	After Howard is laughed at and teased at school he loses his confidence and self esteem; it takes Grandpa helping Howard find something he enjoys and is good at to get is confidence back	Bullying, Self-Esteem, Confidence, Achievement	C14
I Just Want To Be Me...!	Timothy Bowden And Sandra Bowden	The story of Holly who learns to deal with depression and anxiety, grief, self esteem issues , through the technique of 'Acceptance and Commitment Therapy'	Self Esteem , Resilience, Self-Talk, Anxiety And Depression, Substance Use.	A34
The Day The Chooks Blew Away	Alan Bowater	Every night the chickens on Misery Farm go to roost and dream about being somewhere else and doing something else. One morning their dreams come true a big storm comes through and blows all the chooks away, as well as the rest of Misery Farm!	Resilience, Making The Best Of A Bad Situation	B31

Trauma & Protective Issues (Family Violence, Abuse, Traumatic Events Etc.):

Title	Author	Synopsis	Themes/Issues	Ref #
A Terrible Secret	Steve Herod	Jasmine is being sexually abused and she is confused and devastated by it. She is also scared to tell her mum. This book tells the story of how she is helped to disclose her terrible secret.	Sexual Abuse, Trust, Trauma	B24
A Terrible Thing Happened	Margaret M. Holmes	This gently told story for children who have witnessed a traumatic episode, including abuse, violence, accidents, homicide, suicide, and natural disasters. Contains resources for parents and professionals offers on event specific resources and helping children through trauma.	Trauma (General) Includes Notes for Parents/ Professionals	B18
Bits Of Caramel Marmalade On Toast	Megan Bayliss	Looks at issues of body safety and a solution-focused approach to such issues through Bitsy, a young dingo pup.	Protective Behaviours, Personal Safety, Abuse, Resilience	B14
Black Saturday Was My Dad's Birthday	Kate Wilson	A first-hand account of how the Wilson family narrowly escaped the death and destruction of Black Saturday, written from the perspective of 11 year-old Kirk Wilson.	Trauma, Bushfires	D37
Can We Go Home Now?	Kate Wilson	Continues the Wilson family's journey after the Black Saturday bushfires	Trauma, Recovery After Bushfires	D38

Jenny Is Scared: When Sad Things Happen In The World	Carol Shuman	A story for children who are aware of the threats of violence and terrorism in the world. A range of fears, feelings and questions are explored. The child reader is encouraged to talk to parents, friends and other caregivers.	Fear, World Events, Tragedy, Violence Includes Notes for Parents/ Professionals	B42
The Ging	Steve Heron	The consequences of violence from a parent is explored in this story suitable for late primary and early secondary students	Abuse, Violence, Trauma	B26
The Magic Beads	Susin Nielsen-Fernlund	It's 7yo Lillian's first day at a new school, and she is worried about Show and Tell at the end of the week! Lillian and her mum have just left her abusive father and moved into a family refuge/shelter, leaving everything behind. Every day that Lillian watches her classmates bring in toys with which she has nothing to compare. She realizes that imagination can make anything magical, even an ordinary string of beads.	Homelessness, Anxiety, Family Violence, New At School	A9
Wesley's World – Summer Holiday	Wivien Resofsky And Alex Pavlotski	Wesley goes camping with family and friends, but on the second day something happens that makes him feel uncomfortable. For the first time, he has to practice the advice he was given about not keeping secrets and telling a trusted adult.	Protective Behaviours, Personal Safety	B34
Your Body Belongs To You	Cornelia Spelman	Explains what to say and do if someone touches your body when you do not want to be touched, especially when the action involves the touching of private parts.	Body Safety, Inappropriate Touch	B43