

# KNOX ACTIVE AGEING ADVISORY COMMITTEE

**10 April 2019**

**Time: 6:00-8:00pm**

**Meeting Room 4**

**Knox Civic Centre, 511 Burwood Highway, Wantirna South, 3152**

**Phone 9298 8000**

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*As this advisory committee has been established by Council and includes at least one Councillor and a staff member it is an Assembly of Councillors in accordance with the Local Government Act.*

*Councillors and staff are required to declare any conflict of interest that they may have in regards to any item discussed that is intended or likely to be the subject of a report to Council or a decision of an officer under delegation. In declaring a conflict of interest the Councillor or staff member must leave the meeting whilst the matter is being discussed. A definition of conflict of interest in accordance with the Local Government Act is provided in the Active Ageing Advisory Committee Folder.*

*Community representatives on the committee are not subject to these provisions; however they are required under their terms of appointment to declare any conflicts of interest that may arise for them from time to time. It will be a matter for the Chair to determine if the community representative is required to leave the meeting whilst a particular matter that is subject to a conflict of interest is being discussed.*

## 1. Welcome and Apologies

Welcome: Cr. Seymour welcomed attendees to the second KAAAC meeting of the year.

Apologies: Edmond Wong

## 2. Conflict Of Interest Declaration

None declared during meeting.

## 3. Confirmation of Minutes of Previous Meeting

Moved by Evelin Martin / Seconded by Judy Chalkley

## 4. Items for Discussion

### 4.1 Recognising our Outgoing Committee members (10 minutes)

Presenter: Cr. Seymour

Cr. Seymour acknowledged and thanked Monika Rosenkranz and Siah-Chuan Lim (and the other outgoing Committee members) for their contribution to the Knox Active Ageing Advisory Committee, and presented Monika and Siah with their Certificates and a small gift.

ACTION: Judy/Stuart to organise for Valmai JOY Chiavaroli, Michelle Dumble and Wina Kung to receive their Certificate and gift as soon as practically possible.

#### 4.2 My Aged Care: Current supports and emerging needs and opportunities (30 minutes)

Presenter: Helen Oakley

Helen covered the following topics:

- Transition from Home and Community Care (HACC) to My Aged Care (MAC)
- MAC as a single entry point
- Commonwealth Home Support Programme (CHSP) Overview
- CHSP and Home Care Packages Costs and Subsidies
- Council's Regional Assessment Service (RAS), and, ACAS - assessment process
- Referrals to Services and Supports – broadcast and specific

ACTION: Helen (via Stuart) to circulate relevant MAC and RAS resources to KAAAC members for distribution within their groups, organisations and networks.

#### 4.3 Hoarding and Squalor: A whole of community and council approach (30 minutes)

Presenter: Michelle Penney

- Definitions
- Why do people hoard
- What is KCC doing?
- Discussion: Questions and Comments, Gaps and Opportunities

Committee members identified a number of things that Council could/should consider:

- How the current CFA/MFB statistics cannot be disaggregated by age
- That if 2-6% of the total population was taken from a whole of population perspective it is slightly misleading – thought being that if it was taken from 18+ that the % would in fact be higher.
- How Council might work with Wintringham to support people experiencing hoarding and squalor.
- Houses with curtains closed all day and derelict cars at the front of properties are often signs of clutter/hoarding behaviour.
- Better promote the role of Michelle and her team within Council and the community – many Committee members had no idea that Council's role extends beyond Community Laws and Compliance related activities.
- The establishment of a 'Support Group' for pre-hoarders – those showing early signs of cluttering/ hoarding. In addition, consider how this could model/ link in with Bridges Connecting Communities 'Phone a Friend' program.
- Tap into Council's Multicultural Advisory Committee to promote Council's response to hoarding and squalor and help spread the word, resource, and educate those from/ have links to CALD communities.

ACTION: Michelle (via Stuart) to circulate a copy of her Hoarding and Squalor presentation to KAAAC members for their information.

## 5. Business Arising from Previous Meeting

- 5.1 Stuart/ Judy to feed into Swinburne/Knox partnership meeting discussion on Monday 24 September the potential to explore projects related to employment and employment growth within the City of Knox.  
Judy / Stuart to raise at meeting on 28 February and provide an email update to the Committee shortly thereafter.**
- This meeting was postponed to early May.
  - Action: Stuart to raise at meeting on 2 May and report back at next Committee meeting.
- 5.2 Stuart/ Judy to follow up with the City of Monash re: The Glen redevelopment and the presence of 'Senior's parking bays. Seeking to understand if the City of Monash were involved and to what extent. If not, suggestion is to explore having a representative from The Glen's Centre Management team/ other to come and speak to KAAAC and explain their thinking behind and the process they went through.  
Stuart meeting with the City of Monash on Thursday 7 February, and will provide an email update to the Committee shortly thereafter.**
- Stuart met with City of Monash Coordinator Social Inclusion who has since referred to Traffic Engineering team for follow up.
  - Action: Judy / Stuart to follow up with relevant Knox City Council staff /Stud Park Shopping Centre Centre Management re: requirements approach and report back at next Committee meeting.
- 5.3 Review of facilities for future Expos (ongoing).**
- 5.4 Stuart/ Judy to explore with Council's IT and Customer Service teams the opportunity to have targeted 'older persons' information and communications as part of Council's hold music/ messaging e.g. to prompt action re: personal alarms.  
Stuart/ Judy to meet with Council's IT and Customer Service team in March – post KCC application to join WHO Global Network of Age Friendly Cities and Communities – to discuss as part of current Council processes (e.g. payment of rates notices, pet registrations) and future community engagement approach.**
- AA&DS soon putting a Memo to Councillors seeking Council endorsement to join the WHO Global Network of Age Friendly Cities and Communities. Judy and Stuart will then meet with Customer Service team to progress the messaging conversation.
- 5.5 Stuart to facilitate provision of Transition to Retirement Toolkits to Bridges.**
- Stuart delivered toolkits to Rita on 11 February.
- 5.6 Judy and Stuart to discuss with AA&DS Leadership team to determine resource presence and capacity to develop (a 'Transition to Ageing' Toolkit).**
- AA&DS Leadership Team is supportive of this project, however there is currently minimal capacity to develop. A small working group will map existing resources and then develop the concept for future Business Case planning/funding submission.

- Action: Judy to raise at next Leadership Team meeting and report back at next Committee meeting.

**5.7 Judy to discuss (Knox Safety Register and inclusion of CHSP clients) with Michelle Penney (Senior Transition Officer) and Helen Oakley (Coordinator Service Access and Home Support) and advise Committee of outcome.**

- State Government has carriage of Vulnerable Persons Register, however there is concern that to be on that register one has to have no contact with anyone else, receive no welfare check calls etc.
- Bridges have carriage of the Knox Safety Register.
- AA&DS have a list of Vulnerable Clients that receive emergency communications in the event of a severe weather event etc.
- Bridges are promoting the Knox Safety Register at Seniors Citizen Centres, Local Chemists and gold courses, through the Knox Bright Ideas Network, and in local newspapers. Cr. Seymour is willing to promote the Register through her local communication platforms.
- Action: Rita to provide Cr. Seymour with brochures/ content to be used for promotional purposes.
- Action: Rita to provide Linda K. with brochures to be taken and promoted by AA&DS staff as part of the AA&DS staff in Eastern Regional Libraries project.
- Action: Rita to provide Eddie with brochures to be handed out at the Knox Community Chess Enthusiasts Club.

## 6. Other Business

**6.1 Emerging issues from Committee Members – round the room discussion**

- Knox U3A is collecting plastic lids and through an external party is seeing them turned into rings (Lynda)
- Swinburne University Living Lab – Sonja will present to the Committee on current projects and future pieces of work
- The Aged Care system seems to have seen power and decision making shift from providers to consumers and perhaps the balance is not quite there (Evelin)
- Status of the redevelopment of the Knox Shopping Centre? (Monika)
  - The need to advocate for future community space to support older people to continue to have a place to make/strengthen social connections (Eddie)
  - The need to consider the location of mobility scooters – close to bus stations as opposed to current location (Rita)
- Local newspapers as a means of community members having access to important information (reference to recent Cr. Seymour article on Elder Abuse)(Sharon)
- Zest4Life program – Scams and Safety session on 20 May (Linda K.)

**6.2 New AA&DS Strategic Growth and Innovation Register (Judy Chalkley)**

- Due to time constraints, this was not discussed.
- Action: Stuart to add to next KAAAC meeting agenda.

### 6.3 New AA&DS project and initiatives – Walking Football (Stuart Ireland)

- Partnership between Knox City Council, Knox U3A, Maroondah City Council, Croydon U3A, and Melbourne City Football Club.
- Friendship Tournament and Come and Try session being held, and Walking Football program being launched, at HE Parker Sports Complex on 30 May 2019. Our Mayor, Crs. Seymour and Mortimore, along with a range of other Council staff have been invited to attend. Committee members are encouraged to attend.
- Knox Walking Football program to begin week commencing Monday 2 June, with weekly one hour sessions to be held at either Bayswater Senior Citizens Centre, Carrington Park Leisure Centre or another venue.
- Knox Walking Football program will be promoted through Council, AA&DS, U3A, and local sporting clubs, groups and associations.
- Action: Stuart to provide Committee with further information and promotional materials once Knox venue and timing has been confirmed.

### 6.4 AA&DS Annual Client Survey, Respite Carers Survey, Community Survey (Judy Chalkley)

- AA&DS is keen to get a better understanding of and insight from our CHSP clients, Respite Carers, and from our older Community Members, concerning their perceptions of safety; respect in the community; social participation; and internet usage, before Council undertakes a broader and deeper level of consultation at the beginning of next year for the next Community and Council Plan.
- Surveys will Go Live on 1 May and close 28 June.
- Data entry and analysis will occur in July.
- Cohort/ thematic focus group discussions will be held in August.
- Committee members will be asked for their input into, and where possible, to actively participate/facilitate those focus group discussions.
- Data/information will be used to help inform our current AA&DS service and program delivery, future business case development activities, partnership discussions, funding applications, and Community and Council Plan consultations with the community next year.
- Action: Stuart to send draft Community Survey to Committee members for review and comment by Wednesday 17 April.
- Action: Stuart to put Community Survey and Focus Group Discussions as an agenda item for the next KAAAC meeting.

Meeting closed at 8.15pm.

## 7. Next Meeting

**Knox Annual General Advisory Committee**  
**30 May 2019**

**Knox Active Ageing Advisory Committee Meeting**  
**Wednesday 5 June 2019**