

Knox Bright Ideas Network

Thursday, 12 July 2023 - 2.00 pm - 3.30pm

Eastgate North, Knox City Council

We are the voice of Over 55s in Knox. We work on events, projects and issues that are important.

Knox City Council acknowledges that we are on the traditional land of the Wurundjeri and Bunurong people of the Kulin Nation and pay our respects to elders both past and present.

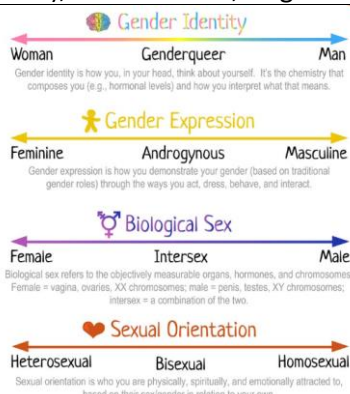
1. Welcome and Introductions

Acknowledgement of Country by Sheridan Stone. Introductions for this meeting. This was a Hybrid meeting but no one attended online.

2. Guest Speaker – Knox Rainbow Youth Action Group – Sam and Tallia

LGBTQIA+ Workshop

In this workshop we were given an introduction to understanding –

LGBTQIA+	Lesbian, Gay, Bisexual, Transgender, Queer, intersex, Asexual/Aromantic, + All other identities. Other Vocab includes AFAB (Assigned Female at Birth) AMAB (Assigned Male at Birth), Heterosexual, Cisgender, Gender Affirming Health Care
Gender	 <p>Gender Identity Woman ← Genderqueer → Man Gender identity is how you, in your head, think about yourself. It's the chemistry that composes you (e.g., hormonal levels) and how you interpret what that means.</p> <p>Gender Expression Feminine ← Androgynous → Masculine Gender expression is how you demonstrate your gender (based on traditional gender roles) through the ways you act, dress, behave, and interact.</p> <p>Biological Sex Female ← Intersex → Male Biological sex refers to the objectively measurable organs, hormones, and chromosomes. Female = vagina, ovaries, XX chromosomes; male = penis, testes, XY chromosomes; intersex = a combination of the two.</p> <p>Sexual Orientation Heterosexual ← Bisexual → Homosexual Sexual orientation is who you are physically, spiritually, and emotionally attracted to, based on their sex/gender in relation to your own.</p>
Trans 101	Transgender is an umbrella term and is not a new trend and has existed for thousands of years. Deadnames are the names previously used by the person and are likely only used on official documents but which the person no longer uses.
Pronouns	Overview of using pronouns and when in doubt they/them is a good option.
Resources	https://trans101.org.au , https://connectus.serviceseeker.com.au , http://headspace.org.au/lgbriqaplus , http://www.queerspace.org.au https://connectus.serviceseeker.com.au

Following the meeting information provided by the Knox Rainbow Youth Action Group please have a look at the short films the group has worked on and developed.

Still me: <https://www.youtube.com/watch?v=6NtrKCmQRTM&t=2s>

Masked: <https://www.youtube.com/watch?v=bLk8Dxf1xFk>

3. Upcoming Events

Photography Exhibition – Voices of Over 55's at Miller's Homestead

New Zest4Life booklet to be out on 1 September with activities for Seniors Festival in October

4. General Business

Eddie from Knox Chess Enthusiasts (KCCE) provided the following information.

The Knox Community Chess Enthusiasts (KCCE) prides itself on providing social chess hubs that create a sense of inclusion and belonging, stimulate mental well-being and cognitive ability, and encourage diverse connections through a game that welcomes all.

We meet every Thursday from 10:30 am to 5:00 pm at the Westfield Knox Community Space and every Friday at Rowville Library from 12:30 pm to 5:30 pm. To participate in our friendly chess game, kindly contact **Eddie** by phone at **0409 417 719** or via email at eddie.atacador@hotmail.com.

KCCE is run by volunteers and Auspiced by Coonara Community House. A grant from the Knox Council Community Development Fund and the Knox City Council Minor Grants Program has supported the KCCE project.

Headspace Knox TAC L2P

If you are interesting in a volunteering opportunity or know someone that is the TAC L2P Program assists disadvantaged Victorian learner drivers aged 16 to 21 with no access to a supervising driver or vehicle to gain the 120 hours driving experience required to apply for a probationary licence.

We are on the lookout for awesome volunteers to teach these young people how to drive, if you have any questions or would like to volunteer call us The TAC L2P program doesn't just benefit learner drivers. The program gives our volunteer mentors an opportunity to connect with their community, and directly help a young person. We have a full training program for mentors to ensure you're well prepared to mentor a learner driver and understand your role as a supervising driver. Learners participating in the program also have access to free driving lessons with a professional instructor to build their skills before getting on the road with a volunteer mentor.

Mentors need to meet the following criteria to join the TAC L2P program:

- be over 21 years old
 - hold a current full Victorian driver licence
 - can commit approximately 2 hours per week <program area to amend this accordingly>
- To apply as a mentor, you will need to complete mentor expression of Interest Form accessed [here](#).
Send your completed form to L2P@each.com.au

2023 Meeting Schedule

Date	Format
Tues 29 Aug	In person @ Millers Homestead
Wed 27 Sept	In person –
Thurs 02 November	Hybrid option and In person @ Knox City Council
Tues 12 December	In person – Carrington Park

Contact details for the following Council staff:

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