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# Knox Bright Ideas Network

**Tuesday, 29 August 2023 - 2.00 pm - 3.30pm**

**Millers Homestead, Dorrigo Drive & Melrose Court, Boronia**

*We are the voice of Over 55s in Knox. We work on events, projects and issues that are important.*

*We acknowledge that we are on the traditional land of the Wurundjeri and Bunurong people of the Kulin Nation and pay our respects to elders past and present.*

## Welcome

Sheridan Stone conducted the Acknowledgement of Country. Introductions for this meeting included welcoming any new members who were attending their first Bright Ideas Network meeting.

List of attendees and apologies withheld.

## Guest Speaker – Lizzie from Miller’s Homestead

Lizzie presented a short overview about Miller’s Homestead.

## The talk about our mission statement.

Mission statement was discussed and all agreed that the statement is relevant and does not require any changes.

The following have been previous outcome of the Bright Idea’s Network-

2018 - Knox Active Ageing Expo

2019 - Ageism – Voices of over 55’s Exhibition

2020 - Showcase of living options

Moving forward in the new year we will begin to explore options for other actions.

## Council business – What’s happening at Knox City Council

Kindergarten Service Review –

Having completed a comprehensive review of the kindergarten service and Council’s role in kindergarten service provision; as well as staff consultation and consideration of the feedback provided, resolve to: 1. Remain a sessional kindergarten provider within its two Early Years Hubs only and cease to be a provider for all other sessional kindergartens, from 1 January 2025, to balance the operational and financial risks of being a kindergarten service provider with the social benefits and returns of investing in early learning.

Dementia Friendly Knox-

A plan to enhance the wellbeing and quality of life for Knox residents living with dementia and their carers, has been adopted by Council. There are 3,219 Knox residents living with dementia and it is estimated this number will increase by 148% over the next 35 years. Knox Mayor, Cr Marcia Timmers-Leitch said Council plays an important role by supporting people living with dementia and those close to them to live well.  
  
“The Knox Dementia Friendly Action Plan will guide Council and support Knox to work towards becoming a more dementia friendly community,” she said.  
  
“Council has partnered with Dementia Australia to build awareness, understanding and acceptance of dementia so that people living with dementia can participate and remain active.  
  
“Actions under the plan include increasing awareness of dementia, advocating for the provision of affordable and convenient transport, seeking funding for a sensory garden and facilitating physical activities.

“People living with dementia have been involved in the development of the plan, which aligns with the Council Plan to foster inclusivity, equality, belonging and safety within the community.”

There are many types of dementia, including Alzheimer’s disease, vascular dementia, frontotemporal dementia and Lewy body disease. Anyone can develop dementia, though it is more common for people over 65. It is the second leading cause of death in Australia and the leading cause of death for women.

To coincide with Dementia Action week, a Knox Dementia Friendly Communities event is planned for Tuesday 19 September 2023, at the Knox Community Arts Centre in Bayswater. In the meantime, for more information about services and support for dementia, or to obtain an information pack, contact Council via [dementiafriendly@knox.vic.gov.au](mailto:dementiafriendly@knox.vic.gov.au) or 9298 8827.

1. Dementia Friend – presented by Linda Keenahan

Welcome to our new Dementia friends and for your participation in the first of the Dementia Friendly Communities Program.

* Your Library flyer – promoting the various activities and events scheduled during Dementia Action week
* Dementia Australia’s Dementia Guide – link to soft copy: <https://www.dementia.org.au/sites/default/files/2022-08/The-Dementia-Guide-2022.pdf>   
  Note: people can order a hardcopy for free, directly from Dementia Australia: <https://www.dementia.org.au/resources/the-dementia-guide/order-your-paperback-copy>

1. Upcoming Events

Dementia Week – 18 – 24 September 2023

Knox Dementia Friendly Community Launch – 19 September at Knox Community Arts Centre

Senior Festival in October – Zest4Life has been distributed and you can find events listed in the booklet.

1. General business

No meeting until 2 November 2023

## 2023 Proposed Meetings

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| **Date** | **Format** |
| Wed 27 September | Cancelled |
| Thur 02 November | In person @ Eastgate North Knox City Council |
| Tues 12 December | In person @ Carrington Park |

Contacts details for the following Council staff:

**Sheridan Stone**Program Lead Social Connections   
+61 3 9298 8828 Email: [socialconnections@knox.vic.gov.au](mailto:socialconnections@knox.vic.gov.au)

**Linda Keenahan**Age and Dementia Friendly Communities Project Officer   
+61 3 9298 8827 Email: dementiafriendly@knox.vic.gov.au