#

# Knox Bright Ideas Network

**Wednesday, 19 June 2024 - 2.00 pm - 3.30pm**

**Knox Library, Westfield Knox**

*We are the voice of Over 55s in Knox. We work on events, projects and issues that are important.*

*We acknowledge that we are on the traditional land of the Wurundjeri and Bunurong people of the Kulin Nation and pay our respects to elders past and present.*

Attendees & Apologies – Names withheld

**1. Welcome and introductions**

Acknowledgement of country and all attendees were welcome back or to their first meeting. All attendees introduced themselves.

**2. Library Introduction & information – Presented by Knox Library**

The new Knox Library has been a huge hit and has seem membership and visits per day increase dramatically. It is a wonderful hub for the community and a fabulous asset for the community. The following statistics have been provided by the library.

* Over 1000 new members a month.
* Over 300 people attend every hour on the weekend.
* Lots of young people attend the library – during study time and they now have a place to go when their school Library closes at 4pm. Co sharing with the youth hive.
* What’s on booklet is available online and at the library.
* Volunteer for Knox is at the library every Wednesday – feel free to come and ask questions.
* Some community groups are in the library as the community space in Westfield is being renovated.
* Any feedback for the space please send an e-mail to the library.

Rooms are available to hire out for the public through the website and are free to book: [Room Overview | Your Library](https://events.yourlibrary.com.au/browse-rooms?&d=2024-06-21)

3. Addressing Ageism Presentation – Linda Black

A wonderful presentation from Linda Black about Ageism and what it is and what it looks like in everyday life. The use of common phrases that out a negative spin on ageing and any age can be impacted by ageism. Ageism can impact people by a lack of social connectedness and diminishes quality of life. It can create loneliness, lack of confidence, reduce job prospects and life expectancy.

What is Knox doing about Ageism? Ther is a campaign, internal and external age equity audits, ageism education session, intergenerational programs, intergenerational images, digital literacy and storytelling and an intergenerational resource kit. If you do have any queries around any programs or would like more information, please contact Bree Bloomfield on 0477 944 763 or email intergenerational@knox.vic.gov.au.

For more information or to take the quiz please go to the following link: [Knox addressing ageism](https://www.knox.vic.gov.au/everyage)

**4. Wendy Miles from Home Instead – Update on services**

Wendy works in Community relations for Home Instead which is a home care provider and is available to do presentations around a range of services.

* Home care packages
* CHSP
* Carer relief
* Volunteer visitation program

**5. Council business – What’s happened/happening at Knox City Council**

- Find your joy: 30/05/2024

We had approximately 120 people come through during the day with most attending all three talks and lunch time show. We had a photo booth set up with was a great hit and people left feedback. We will be looking at the photos and footage to continue with the Bright Ideas project.

- Line up for Line Dancing WEAAD event

Was a sold out event with 112 people attending. We have had amazing feedback from the community for the Line Dancing and for the information around World Elder Abuse Awareness Day. For more information please go to the following link: [Family violence](https://www.knox.vic.gov.au/familyviolencesupport)

- Immerse bus tours

To celebrate the launch of the Knox Public Art Trails the Immerse event have provided the 55+ community with three free tours. There are still some seats available, so for those interested go to: [Free 55+ Immerse bus tours](https://www.stickytickets.com.au/fa6ni/immerse_55_bus_tour.aspx)

6. Other business

Knox City Council will enter the caretaker period starting 17 September.

Questions from the members-

Entertaining children in school holiday? The Knox Library has a holiday program for those that may be looking for something to do or wanting to borrow books, games, subscriptions etc.

Knox Seniors Festival planning is well underway.

**Items for follow up**

* Misleading information on Youtube about Seniors
* Safety on walking and bike tracks

## 2024 Proposed Meetings

|  |  |
| --- | --- |
| **Date** | **Format** |
| Thur 15 August | @ U3A Fair Park  |
| Tues 17 September | @ Millers Homestead |
| Wed 6 November | @Rowville Library |
| Thur 12 December  | TBA  |