Family Violence **Help Card**



Everyone deserves safe and respectful relationships

knox



Violence of any kind is against the law

Family violence takes many forms. It affects the entire community and all areas of society, regardless of location, socioeconomic and health status, age, culture, gender, sexual identity, ability, ethnicity or religion.

Family Violence includes:

family or caring relationship

Verbal abuse such as threats or intimidation

Sexual assault including in marriage or other intimate partnerships

Emotional abuse such as

Controlling behaviours

including limiting access to family and friends, making decisions for you or preventing you from practising your spiritual beliefs

Stalking such as monitoring online activity or physical movement

Financial abuse such as controlling or limiting access to money, or taking money without permission

Pet abuse threatening or harming an animal

Travel Visa abuse, controlling access to your visa documentation or threatening to impact your visa status

Family Violence is 'an issue focused around a wide range of physical, emotional, sexual, social, spiritual, cultural, psychological and economic abuses that occur within families, intimate relationships, extended families, kinship networks and communities.

It extends to one-on-one fighting, abuse of Indigenous community workers as well as self-harm, injury and suicide.'

- Victorian Indiaenous Family Violence Task Force

Additional services are available: **Boorndawan Willam**

Aboriginal specific family violence service for families - men. women. children and extended family bwahs.com.au | 9212 0200

VACCA

For cultural or violence support for men, women and children VACCA.org | 9287 8800

Diirra

Aboriginal & Torres Strait Islander

Aboriginal Family Violence Prevention & Legal Advice djirra.org.au | 1800 105 303

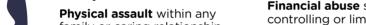
Dardi Munwurro

Building stronger families and safer communities dardimunwurro.com.au 1800 435 799









Help is available

If you or someone you know is

in immediate danger call 000

If you are in immediate

Safe Steps Family Violence Response Centre safesteps.org.au 1800 015 188 (24/7) safesteps@safesteps.org.au 1800 015 188

1800Respect

Sexual Assault and Family Violence Counselling 1800respect.org.au 1800 737 732 (24/7)







Child Protection

East Division 1300 360 452

danger call 000

Safe Steps 24/7 Family Violence Response Centre safesteps.org.au

Sexual Assault Crisis Line

Crisis response for people who have experienced sexual violence sacl.com.au 1800 806 292

1800 Respect

National Sexual Assault, Family Violence Counselling Service 1800respect.org.au 1800 737 732

After Hours 131 278

Rainbow Door

Specalist LGBTIQ+ support rainbowdoor.org.au 1800 729 367

inTouch

Help is available

Multicultural Centre Against Family Violence intouch.org.au 1800 755 988

MensLine

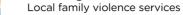
Counselling for Men mensline.org.au 1300 789 978

Kids Helpline

Phone Counselling Service kidshelpline.com.au 1800 55 1800

Seniors Rights Victoria

seniorsrights.org.au 1300 368 821



The Orange Door

orangedoor.vic.gov.au 1800 271 150

Local services

FVREE - Free from Family Violence

Supporting victim survivors of family violence 9259 4200

Eastern Access Community Health (EACH) Family Violence Counselling 1300 003 224

Eastern Centre Against Sexual Assault (ECASA) 9870 7330

Eastern Community Legal Centre (ECLC) 1300 32 52 00



Interpreter Service 131 450



to you or your children, it is never your fault.

It can happen to anyone

If someone is violent or abusive

Some people are more vulnerable to family violence such as children. older people and people with a disability.

It is against the law for parents. carers, friends, neighbours or relatives to abuse, neglect or take advantage of children, older people and people with disabilities regardless of the caring relationship.





