

Zest

Knox Seniors Festival

- Lady Shaula & Friends
- State coal mine bus trip
- Movies
- and much more



Welcome to Knox Over 55s Zest Senior Festival Edition

Knox Over 55s Zest aims to support people to remain active and socially connected within the Knox community by offering a mix of activities, training and events.

What you need to know

This guide includes a range of activities organised by community groups, community houses, local libraries and Knox City Council. Participants are encouraged to:

- Read through the brochure and choose the events and activities that you would like to participate in.
- Take note of whether bookings are required and the booking information – whether registration is online or by phone.
- Book early to avoid disappointment. Bookings are essential for most activities, so to avoid any disappointment, please contact the event organiser listed under each activity to secure your place.
- Turn up, meet new people, learn new things and have fun.

Access guides are available online for a number of venues, please visit our website to help plan your visit at knox.vic.gov.au/accesskeys





Connect, create and celebrate at the Victorian Seniors Festival

The Victorian Seniors Festival returns this October with thousands of free and low-cost events for older Victorians across the state.

Celebrate positive ageing and take part in events and activities close to home and right across the state. The Victorian Seniors Festival encourages everyone to get involved, have fun and share joy.

The festival's theme – Connect, Create, Celebrate – invites older Victorians to come together, discover new interests and celebrate.

Connect with your interests, skills and hobbies. Join in events and meet new people in-person and online.

Create your own path and remain curious as you age. Join in events to build practical skills, make friendships and new social connections.

Celebrate positive ageing.

The festival delivers events and activities that celebrate the diversity of all older Victorians by supporting accessibility and inclusion.

Victorian Seniors Card holders can also enjoy **9 days of free public transport across Victoria from 3 to 11 October 2026.**

This includes all metropolitan public transport services, V/Line train and coach services, and selected regional bus services outside the myki area.

The Victorian Seniors Festival is proudly supported by local councils, community groups and organisations across the state.

Join in the fun this October and find a Victorian Seniors Festival event near you:

- Visit Seniors Online to view the online event calendar: www.seniorsonline.vic.gov.au/festival
- Check Seniors Online for which Coles, libraries and Neighbourhood Houses you can collect a festival guide from, starting 1 September.

Help make Knox more age-friendly

Have your say in Knox City Council's Age-Friendly City Survey. We are seeking feedback from Knox residents aged 55+ and carers of older people.

Our survey is based on the World Health Organization's Age-Friendly Cities and Communities Framework, which looks at eight important areas of everyday life, such as transport, housing, outdoor spaces, social participation and access to services.

Your responses will provide a valuable snapshot of how our community is performing across these areas, including what is working well and where improvements could be made.

Your feedback will help identify priorities for Council's planning and action.

The survey takes around 10 minutes to complete, depending on how much detail you'd like to provide.

Survey open from 1 September - 18 October 2026

Have your say at: haveyoursay.knox.vic.gov.au/age-friendly



Talking Café

FREE
EVENT

Various Locations

Talking Cafés are weekly drop-in sessions held in local cafés, offering a welcoming space for seniors to connect, socialise, and stay informed about what's happening in their community. Participants can come along to meet others, enjoy conversation, and learn more about available programs and services in a relaxed, informal setting.

Each session is supported by a Talking Café host who welcomes attendees and introduces any guest speakers. Participants are welcome to purchase their own coffee if they wish. Sessions run for one hour, and newcomers are always welcome. There is no need to book, simply come along when it suits you.

Time 2pm - 3pm

Venues

Boronia on Mondays

Crave Restaurant

Hosted by Pam and Andrea

Rowville on Thursdays

Eating House, Wellington Village Shopping Centre

Hosted by Janette and Peter

Wantirna on Friday

Moon and Spoon, Westfield Knox

Hosted by Dianne and Liz

Bookings Not required

Cost for your purchases only

The Basin Community House

Promoting an environment for participation, growth and learning with a commitment to building a strong community spirit.

Monday

9.30am – 10.15am	Exercise Right for Active Ageing
9.30am – 11am	1:1 Technology Support
10am – 12am	Paper Clay Modelling
12.45pm – 2.45pm	Colour & Chat

Tuesday

9.30am – 12.30pm	Introduction to Digital Photography
10am – 11.30am	Drawing & Acrylics
12.30pm – 2.30pm	Oil Painting
1pm – 3pm	Paper Flower Making Workshops
7.30pm – 9pm	Yoga

Wednesday

9.30am – 12pm	Digital Skills (Using Devices) – Level 1
10am – 12.30pm	Mandalas
12.30pm – 2.30pm	Canva & Photobook Memories
7pm – 8.30pm	Yoga

Thursday

9.30am – 10.15am	Exercise Right for Active Ageing
10.30am – 11.15am	Exercise Right for Active Ageing
12pm – 2.30pm	Craft & Chat - monthly
1pm – 3pm	3D Printing & Laser Cutting
7pm – 9.30pm	Charity Group (day & night sessions available) - monthly
7pm – 9.30pm	Patchwork & Sewing - monthly

Friday

9.30am – 11am	Yoga
9.30am – 11.30am	Watercolour Painting
9.30am – 12pm	Digital Skills (Using Devices) – Level 2
10am – 12pm	Conversation & Friendship - monthly
12pm – 2.30pm	Card Making - monthly
12pm – 2.30pm	Craft BYO - monthly

Venue 21 Liverpool Rd, The Basin

Bookings 9761 0209

Cost Varies



Coonara Community House

Coonara Community House is a welcoming space where everyone can connect, learn, and grow. A variety of programs inspire confidence, empower individuals, and encourage community participation in an accessible and inclusive environment.

Monday

9.30am - 10.15am	Music & Movement with Miss Tegan (1-5 years - grandparents welcome)
10am - 12pm	Jumpstart Playgroup (grandparents welcome)
5.30pm - 6.30pm	Qi Gong for Immune health

Tuesday

10am - 12.30pm	Mahjong
7pm - 8pm	Meditation for Carers (online)

Wednesday

11am - 12pm	Knitters & Crochet group
11am - 12.30pm	Coffee with Friends (semi retired & retired)
12.30pm	Community Lunch
2pm - 3pm	Readers Group (once a month)

Thursday

9.30am-12.30pm	Intro to Mosaics
10am - 12.30pm	Digital Defence Safer browsing
7.30pm - 8.30pm	Meditation to manage stress
7pm - 8.30pm	Bee Club (2nd Wednesday of the month)
7.30pm - 8.30pm	Meditation to manage stress

Friday

9.30am - 11am	Yoga
11.30am - 12.30pm	Chair Yoga (Westfield Community Space - next to Knox Library)

Venue 22 Willow Rd, Upper Ferntree Gully

Bookings 9758 7081, coonarahouse.org.au or
QR code for more information

Cost Varies



Rowville Community Learning Centre

Inclusive education for everyone in a supportive, small-scale learning environment. Discover a wide variety of programs led by skilled trainers.

Monday

10.30am Digital Digest Morning Tea & Digital Discussions (7 Sep, 16 Nov)

Tuesday

9.30am Tai Chi for Beginners (Starts 6 Oct)

1.30pm Intro to Watercolour Illustration (Starts 17 Nov)

Wednesday

9.30am Computer Classes (Starts 7 Oct)

11am Knitting Group

1pm Tech Connect Technology Help Group (2 Sep, 7 Oct, 4 Nov)

1.15pm Dance Fit Low Impact

12.30pm Floristry for Beginners (Starts 18 Nov)

Thursday

10am Scoresby Social Circle 55+ at Scoresby Recreation Reserve

11.30am Tai Chi for Beginners (Starts 8 Oct)

1pm Intro to Gel Plate Mono-Printing (Starts 5 Nov)

1pm Smartphone Classes (Starts 8 Oct)

Friday

9.30am Walking Group

10am In Stitches - Needlecraft Social Group

1pm Drawing & Painting Classes

Venue Located inside Rowville Community Centre, 40 Fulham Rd, Rowville

Bookings 9764 1166, communitylc.org.au or QR code

Cost Ranging from Free - \$32.50 per session



Seniors Exercise Park

Various Locations

FREE
EVENT

Come and Try sessions are back.

During these sessions, our Seniors Exercise Park Champions and volunteers will be on site to show you how to use the equipment safely and efficiently.

Seniors Exercise Parks are specifically designed for older adults. They promote physical wellbeing and independence, providing an enjoyable environment to improve strength, balance, flexibility, and overall health.

Sessions will run weekly until the end of October.

Time Mondays 10am – 11am

Venue Marie Wallace Reserve – Bayswater Rd, Bayswater

Time Tuesdays 10am – 11am

Venue Carrington Park – 20 O'Connor Rd, Knoxfield

Time Wednesdays – 10am – 11am

Venue Wally Tew Reserve – 1010 Burwood Hwy, Ferntree Gully



Please allow 30 minutes to try out the equipment.

Please wear sturdy shoes, bring a drink bottle and a hat. All welcome.

September

Men's Mental Health Guest speaker

Tuesday 1 September The Oak Tree Den

Join the guest speaker from the Beyond Blue volunteer speakers program. This program involves volunteers with a personal experience of diagnosed depression, anxiety or a related disorder. Speakers are trained and supported in sharing their personal story of hope, recovery and resilience with community groups. The program aims to raise awareness and reduce stigma of anxiety and depression in the communities throughout Australia. This session is proudly hosted by the Mountain District Men's Group, and a light afternoon tea will be served during the session.

Time 2pm - 3pm

Venue 13-15 The Avenue,
Ferntree Gully

Bookings 9758 7859 or
office@mdlc.org.au

Cost Gold coin donation



Preparing for summer vegetables

FREE
EVENT

Wednesday 9 September Bayswater Library

Sow the seeds of a summer feast and join Maria from My Green Garden for an inspiring session on growing your own food. Discover how a little planning in spring can lead to a veggie patch bursting with delicious food for summer. Learn how to get started from seed and grow with confidence.

Time 10am - 12pm

Venue Mountain High Shopping
Centre - Shop 43, 7-13 High St,
Bayswater

Bookings 9800 6498 or
events.yourlibrary.com.au



RUOK? Day morning tea

FREE
EVENT

Thursday 10 September Bayswater Library

Join this relaxed morning tea and come together to raise awareness of R U OK? Day. Enjoy a cuppa, connect with others, and learn about the importance of checking in on friends, family and neighbours. A simple conversation can make a big difference.

Time 10am - 11am

Venue Mountain High Shopping Centre - Shop 43, 7-13 High St, Bayswater

Bookings 9800 6498 or events.yourlibrary.com.au



Line Dancing

FREE
EVENT

Monday 14 September Rowville Leisure Centre

Join this fun and friendly line dancing event in recognition of Dementia Awareness Week. Come along, enjoy the music, and wear your favourite footy colours as Jeff and Kath Lovegrove lead the session. This inclusive event is open to everyone, and all abilities are welcome.

Time 1pm - 3pm

Venue 40 Fulham Rd, Rowville

Bookings 9298 8444 or tks.im/line-dancing



September

Understanding Dementia information session

Friday 18 September
Bayswater Library

The Understanding Dementia session explains what dementia is, its causes, signs and symptoms as well as how to reduce the risks. This information session is facilitated by Bolton Clarke. Free hearing check after session if interested.

Time 12.30pm - 1.30pm

Venue Mountain High Shopping Centre - Shop 43, 7-13 High St, Bayswater

Bookings 9800 6498 or events.yourlibrary.com.au



FREE
EVENT



Dementia Awareness morning tea

Tuesday 22 September
Bayswater Library

Join this welcoming morning tea to raise awareness of dementia, support people living with dementia, and recognise the important role of families and carers. Enjoy a cuppa, connect with others in the community, and discover resources and books available through the library to help increase understanding and support.

Time 10am - 11am

Venue Mountain High Shopping Centre - Shop 43, 7-13 High St, Bayswater

Bookings 9800 6498 or events.yourlibrary.com.au

FREE
EVENT





Knox Seniors Festival 2026 opening with Lady Shaula & Friends

Friday 2 October Knox Community Arts Centre

Celebrate the opening of the 2026 Knox Seniors Festival with Lady Shaula & Friends in a delightful, interactive afternoon of music, stories and singalongs.

Featuring a powerful voice, piano, harp, movement, songs and The Sisterhood Singers, this colourful performance will take audiences around the globe.

Perfect for lovers of travel, music and shared memories, Lady Shaula brings a vibrant voice, theatrical flair and a warm sense of fun to the stage.

Time 6pm - 8pm

Venue 790 Mountain Hwy, Bayswater

Bookings 9298 8444 or scan QR code

Cost \$15



Creative Tile Decoration Workshop

FREE
EVENT

Friday 2 October
Rowville Community Learning Centre

Decorate stone tiles using provided paints, markers, and other mediums - no experience needed. Bring a container to safely transport wet creations home, where you can attach additional 3D embellishments.

Time 1pm - 3pm

Venue 40 Fulham Rd, Rowville

Bookings 9764 1166 or
bit.ly/clctile26



Live Well: Simple Lifestyle Techniques for Seniors

FREE
EVENT

Monday 5 October
Rowville Community Learning Centre

Join this relaxed workshop designed to nurture health, vitality, and peace of mind. The workshop will explore:

Meditation & breathing to quiet the mind, improve sleep, and boost energy.

Simple, natural ways everyday ingredients can support health.

Lifestyle tips to feel your best, inside and out.

Light lunch provided.

Time 10.30am - 1.30pm

Venue 40 Fulham Rd, Rowville

Bookings 9764 1166 or
info@communitylc.org.au



Knox Seniors Festival Bus trip

Tuesday 6 / Wednesday 14 / Thursday 22 October

Pick up from Carrington Park

Experience a memorable day trip to the historic State Coal Mine in Wonthaggi, which operated from 1909 to 1968 and helped power Victoria's industries and railways.

Visit the Visitor Centre, watch a short history film, wander the heritage trail and see museum displays, the old miner's cottage, resident canaries and pit ponies.

The guided underground tour led by Parks Victoria staff and volunteers shares stories of mining life, methods and local history.

Please note: the tour includes a 300m sloped tunnel walk and requires a good level of fitness.

Time 8.30am - 4.30pm

Venue 20 O'Connor Rd, Knoxfield

Bookings open 10am Friday 4 Sept - 9298 8444 or scan QR code

Cost \$25 bus and \$25.50 extra for underground tour



October

Songs of the Sixties and Seventies

FREE
EVENT

Tuesday 6 October
Fairpark U3A

The U3A Knox Music Muster and The Strummers groups invite you to join them for an entertaining “Songs of the Sixties and Seventies” with morning tea included.

Time 10am - 12pm

Venue 1A Park Blvd,
Ferntree Gully

Bookings 9752 2737



Blue Suede Matinee

Tuesday 6 October
Temple Society Australia

Hosted by Temple Society Australia, enjoy a fantastic morning of live entertainment, music and community connection at the Blue Suede Matinee. Experience the glamour of Las Vegas with Joe Piastrino's tribute to Roy Orbison, The Drifters and Elvis Presley in a friendly, alcohol-free setting focused on conversation and connection.

Time 10.30am - 12pm

Venue 51 Elizabeth St, Bayswater

Bookings tinyurl.com/3txtx52rs
or scan QR code

Cost \$19



Rowville Seniors Indoor Bowls Carnival

FREE
EVENT

Wednesday 7 October
**Rowville Community Leisure
Centre**

Come along and join Rowville Seniors for their friendly Indoor Bowls competition as part of Knox Seniors Festival. Teams will enjoy six short matches, with breaks, for a free lunch and afternoon tea. Medals will be awarded to the winners, along with recognition on the Perpetual Trophy. Applications to participate close 11 September.

Time 10.30am - 3.30pm

Venue 40 Fulham Rd, Rowville

Bookings 0402 811 789
by 11 September



Laugh, eat, drink, repeat - Celebrate with high tea

FREE
EVENT

Wednesday 7 October
**Orana Neighbourhood
House**

Celebrate and connect with others over a delicious high tea. Bring a friend or come on your own. There will be activities for everyone. Do you have your own special cup and saucer you would like to bring along? Maybe it has an interesting story to go with it.

Time 11am - 12.30pm

Venue 62 Coleman Rd,
Wantirna South

Bookings 0457 646 384 or
livingourbestlife@chaosnetwork.
org.au RSVP by 2 October



Brendan Scott

Wednesday 7 October Our Saviour's Lutheran Church

Come along and enjoy a barbecue lunch, experience and share the fellowship and company of other members of our community, and be entertained by professional performer, Brendan Scott.

Enjoy singing along to a variety of musical genres and enjoy Brendan's wonderful talents as he brings his one-man show that has toured around Australia and America.

Time 11.30am - 2pm

Venue 646 Burwood Hwy,
Knoxfield

Bookings 0409 097 294 or
soupandsinging@gmail.com
RSVP by 2 October

Cost Gold coin donation



Movie - The Best Exotic Marigold Hotel

FREE
EVENT

Thursday 8 October Knox Community Arts Centre

This warm and uplifting comedy-drama follows a group of British retirees who travel to India and discover new beginnings, friendship and adventure.

The movie will include an intermission with morning tea. Bring a friend, settle in and enjoy this feel-good film together.

There is no pre allocated seating for this event.

Community Strengthening will be available with the Safe Plate Screws.

Time 10.30am - 1pm

Venue 790 Mountain Hwy,
Bayswater

Bookings open 10am Tuesday
8 Sept - 9298 8444 or scan
QR code



Senior's Bingo Night

Friday 9 October

Carrington Park Leisure Centre

Knoxfield 55 Plus Club presents their annual Seniors Bingo Night. 15 games will be played with lucky draw prizes. Supper, tea and coffee will be provided and no alcohol is permitted.

Time 7pm - 11pm, eyes down at 7.30pm

Venue 20 O'Connor Rd, Knoxfield

Bookings 9762 6997
0429 261 641 or
knoxfield55plusclubinc@gmail.com

Cost Entry \$2, Books \$2 each



Wander, Collect & Draw with Angharad

FREE
EVENT

Monday 12 October

Miller's Homestead

Wander, Collect & Draw is a guided observational drawing workshop that invites you to collect natural objects on a walk. Together the group will head out on a slow walk to collect things that catch your eye. The group will then settle in to Miller's to create a composition to draw.

The focus on the workshop is around noticing before drawing - slowing down to focus on forms, colours and patterns to use as inspiration for an artwork.

Time 1pm - 2.30pm

Venue Dorrigo Dr & Melrose Ct, Boronia

Bookings open 10am Thursday
10 Sept - 9298 8444 or scan
QR code



Life Activities Club - Knox Seniors Festival Fashion Show

Thursday 15 October
Wattle Hall

Life Activities Seniors Festival Fashion Show celebrates Seniors Festival in style with a fun fashion show showcasing confidence, creativity, and community. Come along, be inspired, and enjoy connecting with others.

Time 1pm - 4pm

Venue 160 Underwood Rd,
Ferntree Gully

Bookings 0438 068 334 or
secretary@lifeknox.org.au

Cost \$15



Virtual Reality Pop- Up - Armchair Travel

FREE
EVENT

Friday 16 October
Rowville Library

Join the Positive and Healthy Ageing Team for a virtual reality (VR) experience for over 55s. Travel to a range of destinations and explore Venice, Tokyo, Machu Picchu, New York City and more.

Time 11am - 1pm

Venue Stud Park Shopping
Centre, Stud Rd, Rowville

Bookings Not required



Silver Screen Social

Friday 16 October Orana Neighbourhood House

FREE
EVENT

To celebrate Seniors Month, Orana Neighbourhood House is hosting a special movie afternoon filled with great entertainment, delicious treats, and even better company.

When you book your place, you'll have the chance to vote for the movie you'd most like to watch. Choose from the Penguin lessons, Juliette in Spring, A friend for Dorothy and The Book Club. The winning film will be revealed on the day.

Time 2pm - 4pm

Venue 62 Coleman Rd,
Wantirna South

Bookings 9801 1895 or
info@orananh.org.au



Every Move Matters - Chess Event

FREE
EVENT

Saturday 17 October Knox Library - Ngarrgoo

Knox Community Chess Enthusiasts (KCCE) is proud to present Every Move Matters, a fun and engaging chess event celebrating the benefits of staying active at every age.

Enjoy interactive activities, informative sessions, and exciting chess games that challenge the mind while bringing people together.

Time 10.30am - 4pm

Venue Westfield Knox, Level 3,
425 Burwood Hwy,
Wantirna South

Bookings 0409 417 719
RSVP by 15 October



Scones & Scam Safety

FREE
EVENT

Monday 19 October Rowville Community Learning Centre

Enjoy high tea and scones while learning how to spot common scams. This friendly Get Online Week session supported by the Good Things Foundation is designed for people aged 50+ and anyone keen to sharpen their digital defences.

Please bring along your charged smartphone device to participate. Notepad & pen recommended.

Time 10.30am - 12.30pm

Venue 40 Fulham Rd, Rowville

Bookings 9764 1166 or
bit.ly/clcgow26



Bayswater Seniors present Glenn Starr

Monday 19 October Bayswater Senior Citizens Hall

Enjoy a fun and friendly afternoon of live entertainment with well-known performer Glenn Starr. Relax with a delicious afternoon tea featuring a variety of sandwiches and cakes, tea and coffee provided and soft drinks available to purchase. With space to dance, sing along and socialise, this is a wonderful opportunity to connect, be entertained and celebrate Seniors Festival together.

Time 1pm - 3pm

Venue 790 Mountain Hwy,
Bayswater

Bookings 0439 518 898 or
sec.bayswaterseniorcitizens@gmail.com

Cost \$15 Members
\$20 Non-members



Dancing for Health

Monday 19 October

Knox Community Baptist Church Hall

FREE
EVENT

Join this exciting and uplifting class as The Haven presents Lisa and her Dancing for Health session. This customised seated dance and movement program is for everyone. Refreshments provided.

Time 1.15pm - 3.15pm

Venue 17-19 Falconer Rd, Boronia

Bookings 9762 8423 or info@thehavendaycentre.org.au



Colour your day with fruit and veg

Tuesday 20 October

Bayswater Senior Citizens Hall

FREE
EVENT

Join the Each team for a fun, hands-on Seniors Festival event celebrating good food, good company and healthy ageing. Discover how a colourful variety of fruits and vegetables can support your wellbeing, enjoy a simple pickling demonstration, and pick up practical tips for adding more flavour and freshness to everyday meals. You'll also make your own jar of pickled vegetables to take home, then relax over a light meal with the chance to connect, chat and share experiences with others.

Time 10.30am -12.30pm

Venue 790 Mountain Hwy, Bayswater

Bookings open 10am Friday 18 Sept - 9298 8444 or scan QR code



Ground Golf Come-and-Try day

FREE
EVENT

Tuesday 20 October
Marie Wallace Reserve

Ground Golf is an easy game created in Japan specifically for seniors. It is like mini golf but is played over longer distances.

This event will be held immediately after the seniors cooking class at Knox Community and Arts Centre. Come and discover for yourself how much fun you can have with such a simple game.

Time 1pm - 3pm

Venue 799 Mountain Hwy,
Bayswater

Register your interest at
tix.yt/ground-golf or scan QR code



Falls Prevention with Knox Leisureworks

FREE
EVENT

Wednesday 21
October
Bayswater Library

Join this free Falls Prevention workshop and learn how to improve balance, build strength, and reduce your risk of falls.

Time 10am - 11am

Venue Mountain High Shopping
Centre - Shop 43, 7-13 High St,
Bayswater

Bookings 9800 6498 or events.
yourlibrary.com.au



Aqua Aerobics

**Wednesday 21
October**

Knox Leisureworks

Make a splash this Seniors Festival with a free aqua aerobics class. Enjoy gentle, low-impact movement, connect with others and celebrate positive ageing in Knox.

Whether you love water aerobics or have never tried it before, come along and give it a go.

Time 7.30pm - 8.30pm

Venue 35 Tormore Rd, Boronia

Bookings open 10am Tuesday 22 Sept - 9298 8444 or scan QR code



FREE
EVENT

Move Well, Live Well

**Monday 26 October
Coonara Community House**

FREE
EVENT

Join Care Connect and the allied health team at Empower Healthcare to attend a 1-hour physiotherapist-run, chair-based exercise class. Learn how to move safely in your chair to improve your strength and health, while having a giggle. Stay afterwards for some light refreshments and a chat.

Time 10am - 12pm

Venue 20 Willow Rd, Upper Ferntree Gully

Bookings tinyurl.com/4nh2dabd



Active Ageing through Gardening

FREE
EVENT

Monday 26 October
Wattle Hall

Presented by Sustainable Gardening Australia, learn tips for garden design, container gardening, choosing lower-maintenance plants and gardening safely and some hands on planting. A morning tea will be included.

Time 10.30am - 12.30pm

Venue 160 Underwood Rd,
Ferntree Gully

Bookings open 10am Thursday
24 Sept - 9298 8444 or scan
QR code



Lights, Camera, Friendship

FREE
EVENT

Wednesday 28 October
**Knox Community Arts
Centre**

Lights, Camera, Friendship!
Celebrate Knox Seniors Festival with the wonderful movie Saving Mr Banks. This charming and heartfelt story tells of the behind-the-scenes story of how Walt Disney worked to bring P. L. Travers' beloved Mary Poppins to the big screen.

A small movie treat goodie bag and bottle of water will be provided. Plus lucky seat prizes and a fun beach ball game to get your bodies moving.

Stay behind after the movie and talk with the Coonara and Volunteer for Knox team about local learning, connecting to social groups, as well as volunteering opportunities.

Time 10.30am - 1pm

Venue 790 Mountain Hwy,
Bayswater

Bookings 9758 7081 or
trybooking.com/DOVUN



Knox Seniors Festival presents The Royal Australian Navy Big Band

Thursday 29 October

Knox Community Arts Centre

Join us as we close the 2026 Knox Seniors Festival with the wonderful presence of The Royal Australian Navy Big Band. Renowned for their exceptional musicality and rich, resonant performances, this esteemed big band ensemble brings a touch of naval tradition and grandeur to the stage.

Time 10.30am – 12.30pm

Venue 790 Mountain Hwy, Bayswater

Bookings open 10am Tuesday 15 Sept - 9298 8444
or scan QR code

Cost \$15



Seniors Festival Halloween Line Dancing

Friday 30 October
**Rowville Community
Leisure Centre**

Get into the Halloween spirit with a fun and friendly line dancing event as part of the Knox Seniors Festival. Come along, enjoy the music, and dress in your favourite spooky outfit as Jeff and Kath Lovegrove lead the session. This inclusive event is open to everyone, and all abilities are welcome.

Time 10am - 12pm

Venue 40 Fulham Rd, Rowville

Bookings open 10am Thursday
1 Oct - 9298 8444 or scan
QR code



FREE
EVENT

Coonara Halloween Saturday 31 October Coonara Community House

FREE
EVENT

Dress up in your scary or not-so-scary Halloween costumes and walk the Halloween walk past Coonara.

Join Coonara and neighbours and Trick or Treat your way down Willow Road. You will be rattled by the hundreds of people that get involved.

Stay for dinner and enjoy the Sinister Sausage Sizzle fundraiser. Sausages and drinks for sale.

Time 4pm - 7pm

Venue 22 Willow Rd,
Ferntree Gully

Bookings 9758 7081 or
coonarahouse.org.au



November

Composting 101

Thursday 5

November

Rowville Library

Start your composting journey with this beginner-friendly workshop full of practical tips for turning food and garden waste into rich soil for healthier plants. Learn how to save money, grow better fruit and vegetables, and make a positive impact on the environment.

Time 10.30am - 11.30am

Venue Stud Park Shopping Centre, Stud Rd, Rowville

Bookings 9800 6443 or events.yourlibrary.com.au

FREE
EVENT



Coonara 50th Anniversary Community Festival

Saturday 7 November

Coonara Community House

Join Coonara's 50th Anniversary Community Festival celebrating five decades of history, community connection, learning and support.

This is an inclusive, family-friendly festival featuring a history exhibition, market stalls, live music, children's craft and activities, multicultural food and lots of entertainment, including an animal petting farm, magician and giant bubble artist.

Time 12pm - 5pm

Venue 22 Willow Rd, Ferntree Gully

Bookings 9758 7081, coonarahouse.org.au or scan QR code

Cost Gold coin donation



November

Meet the Author - Christine Gregory

FREE
EVENT

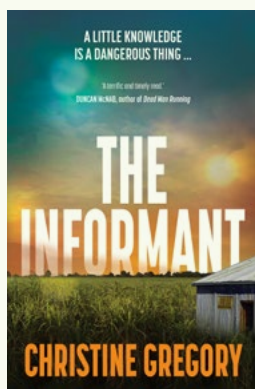
Saturday 14 November
Bayswater Library

Meet Christine, Melbourne-based author of the best-selling crime thriller *The Community* and her new follow-up, *The Informant*. With a life shaped by travel, teaching and social impact work, Christine brings fascinating real-world experience to her gripping stories.

Time 11am - 12pm

Venue Mountain High Shopping Centre - Shop 43, 7-13 High St, Bayswater

Bookings 9800 6498 or events.yourlibrary.com.au



Bee for biodiversity

FREE
EVENT

Wednesday 18
November
Miller's Homestead

Discover the World of Bees - Australian Pollinator Week Workshop. Step into the fascinating world of bees and discover how these tiny creatures play a powerful role in the health of our gardens, food systems, and local ecosystems.

Time 10.30am - 12pm

Venue Dorrigo Dr & Melrose Ct, Boronia

Bookings 0438 284 989 or events.yourlibrary.com.au



Community Events

Many of the events listed in this program are delivered by community groups and/or organisations other than Knox City Council. Knox City Council does not take responsibility for the management of these community events. All efforts are made to include accurate event details at the time of printing.

If you would like to run a community event as part of our future Knox Over 55's Zest program, please contact the Positive and Healthy Ageing team on 9298 8828.

Feedback

The program aims to provide a diverse selection of events and activities that are relevant, enjoyable and interesting to Over 55 Knox residents. Your feedback, ideas and suggestions are welcomed to ensure the program is continuously evolving.

If you have any feedback, please contact Social Connections email socialconnections@knox.gov.au or by phone on 9298 8828.





My School Lunch exhibition coming to Knox Civic Centre in December.



Knox City Council
511 Burwood Highway
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