Safe Work Practices and Procedures (SWPs)



	POTENTIAL RISK	MANAGEMENT OF RISK	RISK
Volunteer activities on/in public spaces Volunteer activities on/in rough terrain	Injury to others using public spaces. Distraction and subsequent injury. Property damage by volunteers. Threats to personal safety and belongings. Potential contact with contam- inants such as sharps or toxins. Abuse from members of the public. Sprains and strains. Broken limbs. Impact injuries (hands, knees, back, head)	Assess designated work area for hazards and risks. Use signage when working in a public area to notify general public that works are occurring (e.g. 'Work in progress' signs). Block off an area using road cones or tape. Remain vigilant and aware at all times. Keep belongings in a safe place at all times. Keep belongings in a safe place at all times. Identify any danger zones and notify all participants of the associated hazards. Wear appropriate PPE - including sturdy footwear. Clear paths and remove hazards where possible (e.g. fill in holes, move branches,). Cordon off or flag immovable hazards. Do not carry awkward or heavy objects while navigating rough terrain. Do not run, jump or climb for access to work areas.	
Volunteer activities on/in hot conditions	Dehydration or heat stroke. Headaches and cramps. Heat exhaustion. Sun-burn and longer-term, skin cancer Injuries or damage as a result of fatigue	 Ensure volunteers have adequate access to water to maintain hydration. Work in shaded areas as much as possible. Have regular breaks. Ensure all participants are adequately protected from the sun/heat by wearing PPE (light long sleeved clothing, hat and sunscreen). Avoid hottest parts of the day by working in early morning or late afternoon. Council does not encourage working on high fire danger and Total Fire Ban days. If the temperature is over 35° C or humidity levels reach 80% the site coordinator should consider rescheduling. 	LOW RISK
Volunteer activities on/in cold conditions	 Hypothermia. Loss of dexterity and fine motor control and subsequent injuries due to reduced tool handling ability. Colds and flu or other illness. Dehydration. Increased risk of slipping. 	 Warm up before activity. Wear appropriate PPE (including warm clothing and rain gear). Ensure plenty of food and drink are available (include warm options like tea and coffee). Work in sheltered areas where possible, and ensure cover is available when taking breaks. Avoid working in extreme weather conditions. 	

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Bites, stings and threats	Insect bites and stings	Identify & avoid risky areas (e.g. nests or hives).	
from wildlife	Spider or snake bites Injury from wildlife in distress	Wear PPE (long trousers/gaiters, long sleeves and gloves).	
	Injury from wildlife in distress	Ensure portable first aid kit is located on site in an area known to all participants.	
		Walk heavily and work/walk along a single line through snake habitat (prevents snake from being trapped).	
		Avoid lifting objects which may conceal a snake.	
		If you see a snake, avoid the area and notify all participants as well.	
		If an injured animal is found on site, don't handle it. Call Wildlife Victoria 1300 094 535.	
General activities: litter	Manual handling General injuries Pathogens from infected soils Disease (e.g. needle stick injuries -hepatitis A & B, tetanus) Bites, stings and threats from wildlife	Demonstrate proper manual handling techniques (safely lifting objects, working with awareness of others, staying with the group).	-
collection, mulching, weeding and		Rotate tasks between personnel to avoid repetitive strain injuries.	
planting		Be aware of all potential risks (e.g. handling soil with glass, falling branches).	
		Allow plenty of breaks and encourage regular stretching.	X
		Ensure hand washing facilities are available (especially if handling rubbish, soil, chemicals, etc.).	A SIS
		Be aware of sharps and syringes and dispose of safely and correctly (into a 'sharps' container provided at Knox City Council Civic Centre). Alternatively contact the Bushland Team 9298 8000.	
		If you come across hazardous material (e.g asbestos) do not handle it. Report it to your Activities Leader/Bushland Officer immediately.	
Manual	Injuries due to overexertion, such as strains, muscle ache or other discomfort, especially in back, neck, torso and shoulders Hernia	Warm up and stretch throughout the day.	
handling		Lifting aids should be used if possible.	
		Ensure no one lifts beyond their limits, and do a team lift where possible.	
		Sufficient space should be available to achieve the correct lifting techniques.	
		Plan the path before making the move.	
		Ensure there are no obstructions or other risks when moving the load.	
		Demonstrate proper lifting techniques (load should be close to the body, the back should not be twisted, avoid carrying with one hand, always bend knees, lift slowly & smoothly).	
		Rotate tasks between participants.	
		Grip object securely – use the whole hand.	
		Heavy items should not be lifted alone - work in pairs/group.	

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Using small tools	Injuries to self, other volunteers	Ensure equipment is in safe, working order.	
	or property due to tool misuse Overexertion and strain injuries	Ensure space around the operator is clear.	OW RISK
		Be aware of all other workers/public space users in your vicinity.	
		Always ensure the right tool is used for the job.	
		Seek advice from the Activities Leader or Bushland Officer.	
		Ensure correct, tight grip on object and wear gloves if necessary.	
		Use tools when in a stable, comfortable position.	
		Rotate tasks between volunteers.	
		After use, tools should be cleaned as required.	
		All tools should be stored in a safe, lockable place when not in use.	
Working near water	Drowning Threatening organisms (snakes, mosquitoes,	Identify dangerous areas (assess things like depth, current, murkiness, turbulence, difficulty to escape, underwater snags, etc.)	
	waterborne disease, etc.) Exposure to cold	Ensure all volunteers are aware of, and remain a safe distance from all identified danger areas.	
		Ensure that all volunteers work with a partner.	
		Avoid unstable, slippery or steep banks.	
		Flag or fence off any high-risk areas.	
		Provide washing facilities.	
	TOOLS IN THE FIELD		
Hamilton	Slips and falls	1. Hold the hand grip firmly.	
Planter	Injury to feet and legs	2. Step up onto the footstep and apply body weight until desired depth is achieved.	
		Do not jump onto footsteps	
Hand	Muscle/joint injury from swing	Watch out for feet and other body parts.	×
mattock	and impact Hand injury from collision	Don't throw when swinging. Ensure your grip is tight and secure.	R S
	Injury to bystanders Flying material	Ensure working space is clear of objects and other people.	Σ
		Never leave a mattock lying on the ground.	2
		Secure the object being cut, and cut it at an appropriate height (hip level: torso, mid-range).	MEDIUM RISK
		Wear eye protection during the activity.	Σ
Handsaw or bow saw	Cuts and abrasions Muscle/joint injury from motion	Beware of the sharp blade. Ensure fingers, limbs, and clothing are well out of the way.	
		Before use, ensure the blade teeth are sharp to avoid excessive strain.	

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Secateurs	Cuts from blades	Always carry by the handle, with blades facing the	
	Muscle/joint injury from motion Injury from others	ground. Be cautious of blades. Don't run fingers along the	
		edges.	
		Keep fingers clear when cutting materials.	
		Ensure safety lock is fastened when not in use.	
		Be careful when cleaning or sharpening.	_
Shovel	Muscle/joint injury from motion Foot injury	Always be aware of the blade. Make sure your digging technique does not put others at risk.	
		Manual handling risk: use the right size of shovel.	
		Be aware of peoples feet.	
Wheelbarrow	Muscle/joint injury from motion	Don't overload barrow, and evenly distribute the weight in the barrow.	-
		Take care of uneven ground and consider alternate path or wooden planks to assist.	X
		Never allow someone to walk alongside the barrow (in case of tipping).	S No
		Wheel the barrow on a safe, clear path.	
		Avoid excessive inclines and slippery surfaces.	Σ
Dabber bottles	Poisoning Skin or eye irritation or burning	Only the use of herbicide in dabber bottles is approved by Council for volunteers.	MEDIUM RISK
containing herbicide	Respiratory impairment or damage	Consider the location and sensitivity of any flora and fauna.	H
	Risk of fire explosion	If the weather is going to be wet, do not carry out any herbicide use.	
		Check all relevant equipment to ensure everything is in working order before use.	
		Ensure appropriate PPE (gloves, long sleeves and trousers, sturdy footwear, and when decanting protective eye-wear).	
		Ensure use of chemicals in accordance with the manufacturer's instructions.	
		Council only supports the use of herbicide in dabber bottles by volunteers. Any spraying required on public land should be approved to the Bushland Management Officer 9298 8000.	
Weed bags	Lifting strain	Ensure bags are not over-filled with heavy material.	
	Inhalation of organic material	Wear a dust mask when handling loose organic material.	
Working near	Respiratory and eye irritation	Wear hi-vis vests at all times.	
roadsides	(from exhaust fumes or dust) Ear damage or difficulty communicating (due to	Volunteers are not to work within 3 metres of the roadside (as approved by a Council Bushland Management Officer).	HIGH RISK
	excessive noise) Collision or impact injuries	Maintain direct and continual supervision and ensure volunteers remain vigilant of their surroundings.	2
		Avoid dust or fumes and work upwind where possible.	
Working	Collision or impact injuries	Wear hi-vis vests at all times.	
along biketracks		Maintain direct and continual supervision and ensure volunteers remain vigilant of their surroundings.	I